

21st Annual International Conference of Arabic Association for the Study of Diabetes and Metabolism

Member of:

International Diabetes Federation, IDF

30 April - 2 May 2025 - InterContinental Cairo Semiramis Egypt

40 HOURS ACCREDIT FROM:



CPD
The CPD Certification Service

AASD Honorary President



PETER SCHWARZ
IDF president



Prof. Inass Shaltout
AASD & Conference President



Prof. Mohamed Hassanein
Conference Vice President



Prof. Mohamed Nagib



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Prof. Hesham Magd Al-Din



Dr. Sayed Gad
AASD Treasurer



ABDELMJID CHRAÏBI



ANDREW BEHNKE



DAYAN COLIN



DJURO MACUT



GEORGE MASTORAKOS



MASSIMO MASSI BENEDETTI



MICK KUMWENDA



RAJEEV CHAWLA



RAYAZ MALEK



SHALINI JAGGI

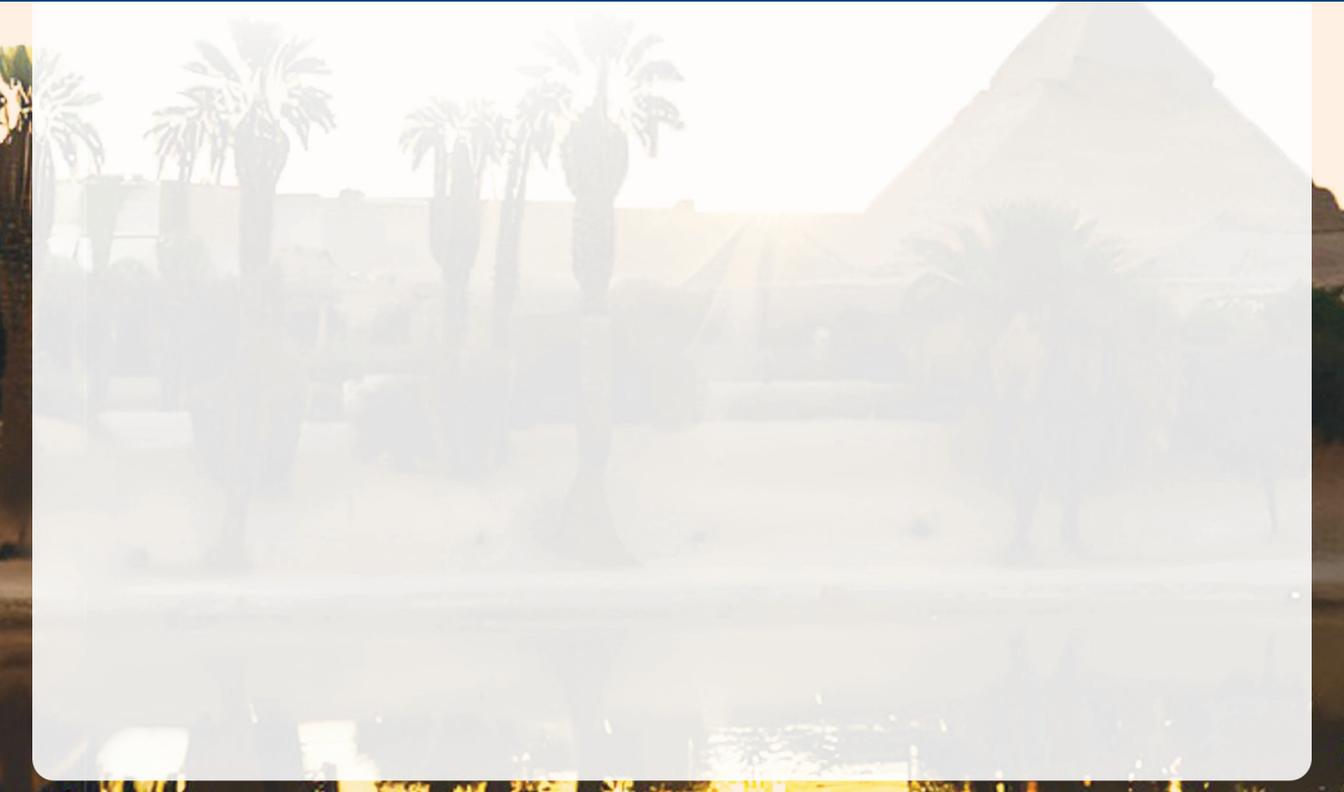


TATJANA MILENKOVIČ





**WEDNESDAY
30 APRIL 2025**



1

DIABETES IS A HEALTH HAZARD



Hall A

10:00 – 10:50 AM

CHAIRPERSONS

Prof. **Abdelmajid Chraïbi** (Morocco) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Tatjana Milenkovic** (Macedonia) - Prof. **Hesham Magd Eldin** - Prof. **Elsayed Ghonamy** (Egypt)

TIME	LECTURE
20 Min.	INFLAMMATION IN TYPE 2 DIABETES Prof. Mick Kumwenda (UK)
15 Min.	DIABETES AND MALIGNANCY Prof. Mohamed Awad (Egypt)
10 Min.	DISCUSSION
11:00 – 11:30 AM	OPENING Prof. Peter Shwartz (Germany) International Diabetes Federation president AASD Conference Honorary president Prof. Inass Shaltout (Egypt) AASD and conference president Prof. Amr El Meligi (Egypt) AASD and conference vice president Prof. Abdel Khalik Hamid (Egypt) AASD general secretary Dr. Sayed Gad (Egypt) AASD Treasurer HONORING THE OUTSTANDING RESEARCHES AND YOUNG DOCTORS

2

DIABETES TSUNAMI AND EFFORTS NEEDED



Hall A

11:30 AM – 12:20 PM

CHAIRPERSONS

Prof. **Abdelmajid Chraïbi** (Morocco) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Tatjana Milenkovic** (Macedonia) - Prof. **Hesham Magd Eldin** - Prof. **Elsayed Ghonamy**

TIME	LECTURE
20 Min.	RISING PREVALENCE OF DIABETES AND HOW IDF WILL RESPOND Prof. Peter Shwartz (Germany)
20 Min.	PREVENTION OF OBESITY AND TYPE 2 DIABETES IN ADOLESCENT Prof. Inass Shaltout (Egypt)
10 Min.	DISCUSSION
12:20 – 12:40 PM COFFEE BREAK	

3

DIABETES IS A HEALTH HAZARD



Hall A
12:45 – 01:35 PM

CHAIRPERSONS

Prof. Abdel Khalik Hamid (Egypt) - Prof. Amr El Meligi (Egypt)
Prof. Hazem Ashmawy (Egypt) - Prof. Peter Shwartz (Germany)



TIME



LECTURE

20 Min.

FUTURE OF DIABETES

Prof. Andrew Behnke (USA)

20 Min.

MANAGEMENT OF TYPE 2 DIABETES IN LOW- AND MIDDLE-INCOME COUNTRIES

Prof. Amr El Meligi (Egypt)

10 Min.

DISCUSSION

4

**DIABETES COMORBIDITIES AND
COMPLICATIONS**



Hall A
01:40 – 02:45 PM

CHAIRPERSONS

Prof. Aymen Elmenofy (Egypt) - Prof. Basem Zarif (Egypt) - Prof. Mick Kumwenda (UK)
Prof. Mohamed Nagib Wifi (Egypt) - Prof. Mona Attya (Egypt)



TIME



LECTURE

20 Min.

AUTOIMMUNE DIABETES

Prof. Andrew Behnke (USA)

20 Min.

CARDIOMETABOLIC RENAL DISEASE

Prof. Mick Kumwenda (UK)

15 Min.

NEW HORIZON FOR MORE EFFECTIVE CARDIOVASCULAR MANAGEMENT IN DIABETICS

Prof. Bassem Zarief (Egypt)

10 Min.

DISCUSSION

5

STATE OF ART SESSION



Hall A
02:45 – 03:35 PM

CHAIRPERSONS

Prof. **Azza Khairy** (Egypt) - Prof. **Hazem Ashmawy** (Egypt) - Prof. **Hisham Magd Eldin** (Egypt)
Prof. **Maha Yousef** (Egypt) - Prof. **Rasha Azmy** (Egypt)



TIME



LECTURE

20 Min.

AUTOIMMUNE DIABETES OF THE ADULT AND TYPE 2 DIABETES

Prof. **Collin Dayan** (UK) *Online*

20 Min.

DIABETIC NEUROPATHY

Prof. **Rayaz Malek** (UK) *Online*

10 Min.

DISCUSSION

6

SANOFI SYMPOSIUM



Hall A
03:40 – 04:40 PM



TIME



LECTURE

20 Min.

A MODERN APPROACH TO DYSLIPIDEMIA

Prof. **Inass Shaltout** (Egypt)

20 Min.

BREAKING BARRIERS IN DIABETES CARE: ADVANCING SIMPLIFYING TREATMENT AFTER OADS FAILURE.

Prof. **Amr Elmeligi** (Egypt)

20 Min.

RE-WRITING THE JOURNEY! NEW GENERATION BASAL INSULINS FOR UNCONTROLLED DIABETES!

Prof. **Noha Gaber** (Egypt)

7

NOVO NORDISK SYMPOSIUM



Hall A
04:45 – 05:45 PM

CHAIRPERSONS

Prof. **Farid Fawzy** (Egypt) - Prof. **Inass Shaltout** (Egypt) - Prof. **Magdy Helmy** (Egypt)
Prof. **Mohamed Awad** (Egypt) - Prof. **Sayed Gad** (Egypt)



TIME



LECTURE

30 Min.

LIRAGLUTIDE 3.0 MG: BALANCING SAFETY AND HEALTH

Prof. **Inass Shaltout** (Egypt)

30 Min.

LIRAGLUTIDE 3.0 MG: BALANCING SAFETY AND HEALTH

Prof. **Magdy Helmy** (Egypt)

8

PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall A

05:50 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed** (Egypt) - Prof. **Hala Kahla** (Egypt) - Prof. **Mabaheg Souka** (Egypt)



TIME



LECTURE

15 Min.

ALESRAA SYMPOSIUM
EXPLORING THE PLEIOTROPIC EFFECTS OF DAPAGLIFLOZIN



Prof. **Noha Gaber** (Egypt)

15 Min.

VIATRIS SYMPOSIUM



Prof. **Nasser Taha** (Egypt)

9

IS TYPE 1 DM PREVENTABLE?



Hall A

05:50 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed** (Egypt) - Prof. **Aymen Elmenofy** (Egypt)
Prof. **Hisham Habib** (Egypt) - Prof. **Hala Kahla** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)



TIME



LECTURE

15 Min.

TYPE 1 DIABETES PREVENTION: UPDATES AND DEBATES

Prof. **Farid Fawzy** (Egypt)

05 Min.

DISCUSSION

10

EAVA



07:00 – 07:40 PM

CHAIRPERSONS

Prof. **Ashraf Reda** (Egypt) - Prof. **Atef Elbahry** (Egypt) - Prof. **Mohamed Selim** (Egypt)

MODERATOR

Prof. **Yasser Huzayn** (Egypt)



TIME



LECTURE

15 Min.

CONFRONTING OBESITY TO PREVENT CVD: ACTION IS NOW

Prof. **Atef Elbahry** (Egypt)

15 Min.

TYPES OF OBESITY AND THEIR IMPACT ON CV DISEASE, THEY AREN'T THE SAME!

Prof. **Mohamed Selim** (Egypt)

05 Min.

DISCUSSION

11

PHARMACEUTICAL COMPANIES CHALLENGES IN MANAGEMENT OF TYPE 1 DIABETES



Hall B
09:30 – 10:25 AM

CHAIRPERSONS

Prof. **Dina Khedr** (Egypt) - Prof. **Shereen Abdelghaffar** (Egypt)
Prof. **Radwa Shamma** (Egypt) - Prof. **Mona Atteya** (Egypt)



TIME

15 Min.

15 Min.

15 Min.

10 Min.



LECTURE

OPTIMIZING INSULIN DELIVERY IN TYPE 1 DIABETES

Prof. **Shereen Abdelghaffar** (Egypt)

MANAGING CHALLENGES OF EXERCISE IN TYPE 1 DIABETES

Prof. **Radwa Shamma** (Egypt)

PITFALLS IN MANAGEMENT OF DKA

Prof. **Dina Khedr** (Egypt)

DISCUSSION

12

CRM, THE NEW TREND IN DIABETES MANAGEMENT



Hall B
10:30 – 10:50 AM

CHAIRPERSONS

Prof. **Adel Eletriby** (Egypt) - Prof. **Hisham Magd Eldin** (Egypt) - Prof. **Hoda Mamoun** (Egypt)
Prof. **Shereen Abdel Ghaffar** (Egypt) - Prof. **Yasser Abdelhamid** (Egypt)



TIME

15 Min.

05 Min.



LECTURE

FROM CRM INTO CAMEL: EXPLORING THE WHOLE STORY

Prof. **Mohamed Awad** (Egypt)

DISCUSSION

13

SCIENTIFIC EXCELLENCE IN DIABETES



Hall B

02:45 – 03:45 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamid** (Egypt) - Prof. **Amr El Meligi** (Egypt)
Prof. **Yasser Abdelhameed** (Egypt)

TIME
10 Min.
5 Min.



LECTURE

UNCOMMON FORM OF DIABETES (CASE SCENARIO)

Dr. **Tasneem Halaby** (Cairo University)

DISCUSSION

IMPACT OF BARIATRIC SURGERIES ON INSULIN RESISTANCE .. POST RESEARCH REFLECTION

Dr. **Shrouk Gamal** (Suez Canal University)

DISCUSSION

EXPRESSION OF MICRO RNA-27B IN TYPE 2 DIABETIC PATIENTS AND RELATION TO MICROVASCULAR COMPLICATIONS

Dr. **Nourhan Yousef** (Alexandria University)

DISCUSSION

METFORMIN TOXICITY

Dr. **Noha Tarek** (Cairo University)

DISCUSSION

14

SCIENTIFIC EXCELLENCE IN DIABETES



Hall B

03:50 – 04:10 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamid** (Egypt) - Prof. **Amr El Meligi** (Egypt)
Prof. **Yasser Abdelhameed** (Egypt)

TIME
15 Min.
5 Min.



LECTURE

SUCROSE- FREE LFD CAUSES COLON INFLAMMATION AND LIVER FAT ACCUMULATION

Prof. **Nourah Almansour** (kuwait)

DISCUSSION

15

**ADOLESCENT DIABETES AND TRANSITION
MANAGEMENT**



Hall B
06:55 – 07:50 PM

CHAIRPERSONS

Prof. Farid Fawzy (Egypt) - Prof. Hesham Magd Eldin (Egypt)
Prof. Hala Kahla (Egypt) - Prof. Hesham Habib - Prof. Mohamed Abdelmoneim (Egypt)



TIME

15 Min.



LECTURE

TYPE 2 DIABETES IN CHILDREN, AN OVERVIEW

Prof. Elsayed Ghonamy (Egypt)

15 Min.

IS PEDIATRIC TYPE 2 DIABETES A LIFESTYLE DISEASE OR A GENETIC TIME BOMB?

Prof. Mona Karim Amin (Egypt)

15 Min.

TRANSITION FROM PEDIATRIC TO ADULT DIABETES CARE

Prof. Mona Mamdoh (Egypt)

5 Min.

DISCUSSION

16

CMRE – AASD JOINT MEETING



Hall B
07:55 – 08:40 PM

CHAIRPERSONS

Prof. Elsayed Ghonamy (Egypt) - Prof. Hisham Habib (Egypt)
- Prof. Yasser Abdelhameed (Egypt) - Prof. Rasha Azmy (Egypt) - Prof. Sherif Hafez (Egypt)



TIME

20 Min.



LECTURE

HEPATOGENOUS DIABETES AND CIRRHOSIS - THE LINK

Prof. Rajeev Chawla (India) Online

20 Min.

WOMEN AND DIABETES: NEED FOR GENDER SPECIFIC GUIDELINES

Prof. Shalini Jaggi (India) Online

5 Min.

DISCUSSION

17

ORAL PRESENTATION



Hall C
09:30 – 10:30 AM

CHAIRPERSONS

Prof. **Rasha Sobh** (Egypt)



TIME



LECTURE

10 Min.

NOVEL DEVELOPMENTS IN CHEMISTRY AND BIOLOGICAL ACTIVITY OF ANTIDIABETICS

Dr. **Mahmoud N. M. Yousif**

10 Min.

**DETERMINANTS OF SATISFACTORY FOOT CARE KNOWLEDGE AND PRACTICE AMONG
DIABETIC PATIENTS ATTENDING OUTPATIENT CLINICS AT A UNIVERSITY HOSPITAL,
CAIRO, EGYPT.**

Dr. **Inas Abd El Rahim Ali Mostafa**

10 Min.

COMPARISON OF DIFFERENT DIET PLANS ON PATIENTS WITH TYPE 2 DIABETES

Dr. **Shaimaa A. Fathy**

10 Min.

**EFFICACY AND SAFETY OF TESAMORELIN, A GROWTH HORMONE-RELEASING
HORMONE ANALOGUE (GHRH), IN MANAGING LIPODYSTROPHY, HEPATIC FAT, AND
BODY COMPOSITION IN HIV-INFECTED PATIENTS: A SYSTEMATIC REVIEW AND META-
ANALYSIS**

Dr. **Ahmed Samy Badran**

15 Min.

DISCUSSION

18

WORKSHOP I (ADVANCING DIABETES CARE THROUGH TECHNOLOGY)



Hall C

02:30 – 08:00 PM

CHAIRPERSONS

*Prof. Andrew Behnke (USA) - Prof. Hazem Elashmawy (Egypt)
Prof. Mona Karim (Egypt) - Prof. Mona Mamdouh (Egypt)*

 TIME	 LECTURE
45 Min. 02:30 – 03:15 PM	OPENING & KEYNOTE <i>Prof. Andrew Behnke (USA)</i>
60 Min. 03:15 – 04:15 PM	SESSION 1 CONTINUOUS GLUCOSE MONITORING (CGM) – OPTIMIZING CLINICAL DECISION-MAKING <i>Prof. Andrew Behnke (USA)</i>
60 Min. 04:15 – 05:15 PM	SESSION 2 INSULIN PUMPS & AUTOMATED INSULIN DELIVERY (AID) – PERSONALIZED DIABETES MANAGEMENT <i>Prof. Mona Karim (Egypt)</i>
60 Min. 05:15 – 06:15 PM	HANDS-ON WORKSHOP USING DIABETES TECHNOLOGY IN CLINICAL PRACTICE <i>Prof. Mona Mamdouh (Egypt)</i>
60 Min. 06:15 – 07:15 PM	ARTIFICIAL INTELLIGENCE IN DIABETES CARE – THE FUTURE OF DECISION SUPPORT <i>Prof. Hazem Elashmawy (Egypt)</i>
45 Min. 07:15 – 08:00 PM	CLOSING SESSION FUTURE TRENDS & CLINICAL INTEGRATION <i>Prof. Andrew Behnke (USA)</i>



**THURSDAY
1 MAY 2025**

19

FUTURE OF DIABETES MANAGEMENT



Hall A



09:00 – 09:45 AM

CHAIRPERSONS

Prof. **Ahmed Morad** - Prof. **Amera Ahmed** - Prof. **Amr El Meligy**
Prof. **Mick Kumwenda** (UK) - Prof. **Tatjana Milenkovic** (Macedonia)

TIME	LECTURE
15 Min.	TAKE A LOOK AT THE FUTURE CASE PRESENTATION Prof. Omar Elsaadany (Egypt)
20 Min.	LOOKING INTO THE FUTURE OF DIABETES MANAGEMENT NEW INSIGHTS AND CHALLENGES OF DATA COLLECTION AND MANAGEMENT IN DIABETES Prof. Massimo Massi Bendetti (ITALY)
10 Min.	DISCUSSION

20

DIABETES AND PREGNANCY



Hall A



09:50 – 10:35 AM

CHAIRPERSONS

Prof. **Amr Elmeligi** - Prof. **Fadel Shaltout** - Prof General **Nabil Fekry**
Dr. **Sayed Gad**

TIME	LECTURE
15 Min.	DIABETES IN PREGNANCY; A PRACTICAL APPROACH Prof. Magdy Helmy (Egypt)
20 Min.	CGM DURING PREGNANCY Prof. Tatjana Milenkovic (Macedonia)
10 Min.	DISCUSSION

21

METABOLIC SYNDROME, BACK TO THE SCENE



Hall A

10:40 – 11:50 AM

CHAIRPERSONS

Prof. **Massimo Massi Bendetti** (Italy) - Prof. **Muhammad Hassanien** (UK)
Prof. **Tatjana Milenkovic** (Macedonia) - Prof. **Mohamed Nagib** (Egypt)
Prof. **Rawya Khater** - Prof. **Yasser Abdelhameed** (Egypt) -

TIME	LECTURE
20 Min.	THE METABOLIC MEMORY IS BACK Prof. Antonio Cerillo (Italy)
20 Min.	CLINICAL IMPLICATIONS OF INSULIN RESISTANCE AND PREDIABETES Prof. Djuro Macut (Serbia)
20 Min.	STRESS AND METABOLIC SYNDROME Prof. George Mastorakos (Greece)
10 Min.	DISCUSSION

22

PREVENTION OF OBESITY /T2D IN ADOLESCENTS



Hall A

11:55 – 12:45 PM

CHAIRPERSONS

Prof. **Abdelmajid Chraibi** (Morocco) - Prof. **Andrew Behnke** (USA) - Prof. **Inass Shaltout**
Prof. **Peter Shwartz** (Germany) - Prof. **Rawya Khater** - Prof. **Tatjana Milenkovic** (Macedonia)

TIME	LECTURE
10 Min.	SCREENING FOR OBESITY AND TYPE 2 DIABETES IN YOUTH Prof. Amr El Meligi (Egypt)
10 Min.	RECOMMENDATIONS FOR PHARMACOTHERAPY AND BARIATRIC SURGERY IN ADOLESCENTS WITH OBESITY OR OVERWEIGHT Prof. Inass Shaltout (Egypt)
10 Min.	PHYSICAL EXERCISE; COMBATING SEDENTARY LIFESTYLE IN YOUTH Prof. Hany Hammad (Egypt)
10 Min.	USES OF MEDIA AND TECHNOLOGY TOOLS IN PREVENTION OF T2D AND OBESITY IN ADOLESCENTS Prof. Iman El Sherif (Egypt)
10 Min.	DISCUSSION

23

EGYPTIAN SOCIETY OF CARDIOLOGY: ESC SESSION



Hall A
12:50 – 02:00 PM

CHAIRPERSONS

Prof. Gamela Nasr - Prof. Hany Hammad - Prof Magdy Abdelhamid
Prof Nabil Farag - Prof Nasser Taha

TIME	LECTURE
10 Min.	PERCUTANEOUS CORONARY INTERVENTIONS IN THE DIABETIC PATIENT: WHERE DO WE STAND? <i>Prof. Nabil Farag (Egypt)</i>
10 Min.	HEART FAILURE GUIDELINES FOR THE DIABETOLOGIST! <i>Prof. Magdy Abdelhameed (Egypt)</i>
10 Min.	LINKING DIABETES AND PERIPHERAL VASCULAR DISEASE <i>Prof. Nasser Taha (Egypt)</i>
10 Min.	LEVELS OF PREVENTION: PRIMORDIAL PREVENTION VS PRIMARY PREVENTION <i>Prof. Gamela Nasr (Egypt)</i>
10 Min.	DISCUSSION
02:00 – 02:20 PM COFFEE BREAK	

24

MSD SYMPOSIUM



Hall A
02:25 – 03:05 PM

MODERATOR

Prof. Mohamed Fahmy Abdelaziz (Egypt)

TIME	LECTURE
20 Min.	SITAGLIPTIN IN NEW GUIDELINES, MANAGEMENT OF DIFFERENT PATIENT PROFILES <i>Prof. Azza Abdelkarim (Egypt)</i>
20 Min.	DIABETES MANAGEMENT FOR SPECIAL POPULATIONS <i>Prof. Mohamed Abdelraouf (Egypt)</i>

25

PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall A
03:10 – 04:25 PM

TIME	LECTURE
15 Min.	<p>BI SYMPOSIUM JARDIANCE ACROSS CRM PATIENTS Prof. Nader Wadea (Egypt)</p>
15 Min.	<p>BI SYMPOSIUM JARDIANCE ACROSS CRM PATIENTS Prof. Yasser Hozayen (Egypt)</p>
15 Min.	<p>ALESRAA SYMPOSIUM DIABETIC NEUROPATHY MANAGEMENT, WHAT IS NEW? Prof. Azza Abdelkarim (Egypt)</p>
15 Min.	<p>PHARCO CSC SYMPOSIUM EARLY INITIATE AND SHIELD YOUR TYPE-2 DIABETIC PATIENT Prof. Aliaa Elsherbiny (Egypt)</p>
15 Min.	<p>PHARCO SYMPOSIUM DIABETIC PERIPHERAL NEUROPATHY IN CLINICAL PRACTICE Prof. Hany Hammad (Egypt)</p>

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PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall A
04:30 – 05:35 PM

TIME	LECTURE
15 Min.	<p>ADWIA SYMPOSIUM PHARMABETIC PLUS ROLE IN CONTROL DIABETES MELLITUS TYPE 2 Prof. Manal Elmasry (Egypt)</p>
15 Min.	<p>MULTICARE SYMPOSIUM</p>
15 Min.	<p>EVA SYMPOSIUM BEYOND THE BASICS: ADVANCED STRATEGIES WITH BASAL INSULIN Prof. Manal Elmasry (Egypt)</p>
15 Min.	<p>VIATRIS SYMPOSIUM Prof. Hany Hammad (Egypt)</p>

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PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall A
05:35 – 06:05 PM

TIME



LECTURE

15 Min.

RAMEDA SYMPOSIUM
DAPAVELDACTIN AND ITS ROLE IN UNLOADING THE COMPLICATIONS BURDEN
Prof. **Hesham Metwally** (Egypt)

15 Min.

NERHADO SYMPOSIUM

28

EPCL: EGYPTIAN PSYCH-CARDIOLOGY LEAGUE AND EGWGPC: EGYPTIAN SOCIETY OF CARDIOLOGY- WORKING GROUP OF PSYCHO- CARDIOLOGY



Hall A
06:05 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkalik Hamed** (Egypt) - Prof. **Amr Elmeligi** (Egypt)

TIME



LECTURE

15 Min.

DIABETO-PSYCHO-CARDIOLOGY
Prof. **Ahmed EL Ghaid** (Egypt)

10 Min.

DISCUSSION

29

DIABETES COMPLICATIONS & COMORBIDITIES



Hall A
06:40 – 07:15 PM

CHAIRPERSONS

Prof. **Hazem Ashmawy**(Egypt) - Prof. **Maha Assem** - Prof. **Magdy AbdelHamid**
Prof. **Manal Helal** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)

TIME



LECTURE

15 Min.

NEW REGIONAL DIABETIC RETINOPATHY GUIDELINES
Prof. **Muhammad Hassanien** (Egypt)

15 Min.

DIABETES AND THE MIND
Prof. **Hesham Magd Eldin**(Egypt)

5 Min.

DISCUSSION

30

DIABETES AND THE HEART



Hall A
07:20 – 07:55 PM

CHAIRPERSONS

Prof. **Ahmed EL GHALID (Egypt)** - Prof. **Eman Elshorbagi (Egypt)**
Prof. **Heba Habib (Egypt)** - Prof. **Medhat Elsahr** - Prof. **Maha Assem (Egypt)**

TIME
15 Min.
15 Min.
5 Min.



LECTURE

CARDIOVASCULAR AUTONOMIC NEUROPATHY IN DIABETES

Prof. **Mohamed Elmerry (Egypt)**

CARDIOVASCULAR TRIALS AND ANTI-DIABETIC MANAGEMENT

Prof. **Shaymaa Abdelmaabod (Egypt)**

DISCUSSION

31

BIOMARKERS IN DIABETES MANAGEMENT



Hall A
08:00 – 08:35 PM

CHAIRPERSONS

Prof. **Heba Habib (Egypt)** - Prof. **Hisham Habib (Egypt)** - Prof. **Hosny Elfayomy (Egypt)**
Prof. **Mohamed Magdy** - Prof. **Mohamed Elkassas**

TIME
15 Min.
15 Min.
5 Min.



LECTURE

BIOMARKERS IN DIABETES MANAGEMENT

Prof. **Eman Elshorbagi (Egypt)**

C PEPTIDE

Prof. **Maha Assem (Egypt)**

DISCUSSION

32

BIOMARKERS IN DIABETES MANAGEMENT



Hall A
08:00 – 08:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed (Egypt)** - Prof. **Hisham Magd Eldin (Egypt)**
Prof. **Mohamed Hegazy** - Prof. **Mona Karim** - Prof. **Omar Elssadany**

TIME
15 Min.
5 Min.



LECTURE

DIABETES AFTER STEROIDS THERAPY

Prof. **Abdelmajid Chraibi (Morocco)**

DISCUSSION

33

GI MANIFESTATIONS OF ENDOCRINAL DISEASES



Hall B
09:00 – 09:55 AM

CHAIRPERSONS

Prof. Ahmed Morad Hashem - Prof. Medhat Elsahar - Prof. Rasha Sobh
Prof. Mohamed Assy - Prof. Mahmoud Hemida



TIME

15 Min.

15 Min.

15 Min.

10 Min.



LECTURE

NET, IT IS RAREBUT TAKE CARE

Prof. Ahmed Morad Hashem (Egypt)

GIT SYMPTOMS IN DIABETIC PATIENTS.

Prof. Mohamed Naguib (Egypt)

THE GIT FACE OF THYROID DISORDERS.

Prof. Medhat Elsahar (Egypt)

DISCUSSION

34

GENETIC BACKGROUND IN DIABETES & OBESITY



Hall B
10:00 – 10:40 AM

CHAIRPERSONS

Prof. Hisham Habib (Egypt) - Prof. Hanaa Kandil(Egypt)
Prof. Mohamed Hegazy(Egypt) - Prof. Nehal Hamdy Egypt) - Prof. Sahar Elwakeel (Egypt)



TIME

15 Min.

15 Min.

10 Min.



LECTURE

DIABETES AND GENETICS

Prof. Mohammed Hejazy (Egypt)

EPIGENIC SIGNATURE OF OBESITY

Prof. Sahar Elwakel (Egypt)

DISCUSSION

35

DIABETES AND LIVER



Hall B

10:45 – 12:00 PM

CHAIRPERSONS

Prof. Azza Abdel Karim - Prof. Abdel Khalik Hamid - Prof. Ashraf Abobakr
Prof. Mohamed Elboraa - Prof. Sherif Abdel Fatah



TIME



LECTURE

15 Min.

WHAT HAPPENS WHEN GUT FLORA IMBALANCE??

Prof. Mohamed Elboraa (Egypt)

15 Min.

WHAT IS THE RELATIONSHIP BETWEEN GUT MICROFLORA AND DIABETES?

Prof. Omar Heikal (Egypt)

15 Min.

HOW DOES THE GUT MICROBIOME AFFECT THE LIVER?

Prof. Hosny Salama (Egypt)

15 Min.

TYPE 2 DM AND LIVER DISEASE: ACROSS THE GUT-LIVER AXIS

Prof. Abdel Khalik Hamid (Egypt)

15 Min.

DISCUSSION

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DIABETES AND KIDNEY



Hall B

12:05 – 01:20 PM

CHAIRPERSONS

Prof. Hany Hammad (Egypt) - Prof. Hatem Darweish (Egypt) - Prof. Saied Khames (Egypt)
Prof. Manal ElMasry - Prof. Mick Kumwenda (UK)

MODERATOR

Prof. Yasser Abdel Hamid (Egypt)



TIME



LECTURE

15 Min.

PREVENTION OF DIABETIC NEPHROPATHY

PROF. Hany Hammad (EGYPT)

15 Min.

OPTIMIZING ANTIPROTEINURIC THERAPY

PROF. Hatem Darweish (EGYPT)

15 Min.

INITIATION OF RENAL REPLACEMENT THERAPY IN DIABETIC ESRD

PROF. Saied Khames (EGYPT)

15 Min.

Dyslipidemia and diabetic kidney disease

Prof. Mick Kumwenda (UK)

15 Min.

DISCUSSION

37

DIABETES IN GERIATRIC TIMES



Hall B
01:25 – 02:00 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Omar Elsaadany** (Egypt) - Prof. **Nehal Hamdy** (Egypt)
Prof. **Rasha Sobh** (Egypt) - Prof. **Sahar Elwakeel** (Egypt)



TIME

15 Min.



LECTURE

TREATMENT OF DIABETES OLD IS GOLD

Prof. **Omar Elsaadany** (Egypt)

15 Min.

PERSONALIZING DIABETES TREATMENT IN OLDER ADULTS: BALANCING EFFICACY AND SAFETY

Prof. **Maha Youssef** (Egypt)

05 Min.

DISCUSSION

02:00 – 02:20 PM COFFEE BREAK

38

OBESITY & NUTRITION



Hall B
02:25 – 03:05 PM

CHAIRPERSONS

Prof. **Maha Mowafy** (Egypt) - Prof. **Muhammad Hassanien** (UK) - Prof. **Mona Hegazy** (Egypt)
Prof. **Sahar Khairy** (Egypt) - Prof. **Wesam Ibrahim** (Egypt)



TIME

15 Min.



LECTURE

OBESITY AND MASLD IN NUTRITIONAL PLAN

Prof. **Mona Hegazy** (Egypt)

15 Min.

OBESITY WITH HYPERTRIGLYCERIDEMIA, LOW HDL AND HIGH LDL IN NUTRITIONAL PLAN

Prof. **Wesam Ibrahim** (Egypt)

10 Min.

DISCUSSION

39

DIABETES AND MALIGNANCY



Hall B
04:20 – 04:40 PM

CHAIRPERSONS

Prof. **Eman Elshorbagy** (Egypt) - Prof. **Maha Assem** (Egypt)
Prof. **Rasha Sobh** (Egypt) - Prof. **Mohamed Naguib WIFI** - Dr. **Nader Wadie**



TIME

15 Min.



LECTURE

DIABETES MANAGEMENT IN CANCER PATIENTS: CHALLENGES AND CLINICAL CONSIDERATION

Prof. **Mohamed Magdy** (Egypt)

05 Min.

DISCUSSION

40

HYPOGLYCEMIA



Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt)
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)



TIME



LECTURE

15 Min.

TECHNOLOGICAL ADVANCES IN HYPOGLYCEMIA PREVENTION

Prof. **Maha Assem** (Egypt)

15 Min.

HYPOGLYCEMIA-ASSOCIATED AUTONOMIC FAILURE (HAAF) AND RECURRENT HYPOGLYCEMIA

Prof. **Dina Farouk** (Egypt)

05 Min.

DISCUSSION

41

ECONOMICS AND UPDATES IN MANAGEMENT



Hall B
05:25 – 06:00 PM

CHAIRPERSONS

Prof. **Eman Elshorbagy** (Egypt) - Prof. **Hanaa Kandil** (Egypt) - Prof. **Ahmed El Ghalid**
Prof. **Amera Ahmed** - Prof. **Soad Soltan** (Egypt)



TIME



LECTURE

15 Min.

COST-EFFECTIVENESS OF DIABETES THERAPY

Prof. **Hesham Magd Eldin** (Egypt)

15 Min.

CONTINUOUS GLUCOSE MONITORING

Prof. **Amera Ahmed** (Egypt)

05 Min.

DISCUSSION

42

DYSLIPIDEMIA IN PEOPLE WITH DIABETES



Hall B
06:05 – 06:40 PM

CHAIRPERSONS

Prof. **Hosny Elfayomy** (Egypt) - Prof. **Maha Assem** (Egypt) - Prof. **Manal Helal** (Egypt)
Prof. **Mohamed Nagib Wifi** (Egypt) - Prof. **Sayed Gad** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)



TIME



LECTURE

15 Min.

STATIN INTOLERANCE: MYTH OR REALITY

Prof. **Hanaa Kandel** (Egypt)

15 Min.

DYSLIPIDEMIA MANAGEMENT IN DIABETES: NAVIGATING THE LATEST GUIDELINES

PROF. SHAYMAA FATHY (EGYPT)

05 Min.

DISCUSSION

43

PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt)
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
10 Min.	EIPICO SYMPOSIUM
10 Min.	COPAD SYMPOSIUM
10 Min.	MARCYRL SYMPOSIUM
10 Min.	PHARMACURE SYMPOSIUM
10 Min.	ATCO SYMPOSIUM
10 Min.	MUP SYMPOSIUM

44

PHARMACEUTICAL COMPANIES SYMPOSIUM



Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt)
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
15 Min.	MASLD RISK STRATIFICATION: INTEGRATING BIOMARKERS, IMAGING, AND CLINICAL SCORES Prof. Mohamed El kassas (Egypt)
05 Min.	DISCUSSION

45

ORAL PRESENTATION



Hall C
09:30 – 10:20 AM

CHAIRPERSONS

Prof. **Hesham Habib** (Egypt) - Prof. **Hazem Ashmawy** (Egypt)



TIME



LECTURE

10 Min.

DIABETES, HYPOGONADISM AND GROWTH HORMONE DEFICIENCY IN A 13-YEAR-OLD MALE WITH H SYNDROME: THE FIRST CASE REPORT FROM EGYPT

Dr. **Noura Elbakry**

10 Min.

IMPACT OF BLOOD MONOCYTES (CD14 AND CD16) IN DIAGNOSIS AND PROGNOSIS OF RECENT ONSET T1DM

Dr. **Ahmed N. Gamil**

10 Min.

STUDY OF MITOGEN ACTIVATED PROTEIN KINASE GENE AND FAMILY HISTORY OF DIABETES AS PREDICTOR OF DIABETIC FOOT ULCER IN TYPE II DIABETES

Dr. **Samia Elsaid Mahmoud Radwan**

10 Min.

EARLY AGED MICE STAY METABOLICALLY STABLE WITH HIGH FAT DIET

Dr. **Fatemah Bahman**

15 Min.

DISCUSSION

46

WORKSHOP II (EMPOWERING DIABETES EDUCATORS – A PRACTICAL APPROACH)



Hall C

02:30 – 08:00 PM

CHAIRPERSONS

*Prof. Amera Ahmed - Dr. Eman Osama - Prof. Hesham Magdeldien - Prof. Iman El Sherif
Prof. Rasha Sobh*

TIME	LECTURE
30 Min. 10:45 – 11:15 AM	SESSION 1 UNDERSTANDING DIABETES - THE BASICS <i>Prof. Iman El Sherif (Egypt)</i>
60 Min. 11:15 – 12:15 PM	SESSION 2 LIFESTYLE & DIABETES – THE POWER OF HEALTHY CHOICES <i>Prof. Rasha Sobh (Egypt)</i>
45 Min. 12:15 – 01:00 PM	SESSION 3 NON-INSULIN THERAPIES – MEDICATIONS FOR DIABETES <i>Prof. Hesham Magd Eldin (Egypt)</i>
45 Min. 01:00 – 01:45 PM	SESSION 4 INSULIN THERAPY – UNDERSTANDING & TEACHING SAFE USE <i>Dr. Mohamed Oraby (Egypt)</i>
02:00 – 02:20 PM COFFEE BREAK	
45 Min. 02:30 – 03:15 PM	SESSION 5 CARBOHYDRATE COUNTING & BLOOD SUGAR CONTROL <i>Prof. Mona Karim (Egypt)</i>
45 Min. 03:15 – 04:00 PM	SESSION 6 DIABETES & TECHNOLOGY <i>Prof. Amera Ahmed (Egypt)</i>
45 Min. 04:00 – 4:45 PM	SESSION 7 DIABETIC FOOT – PREVENTION & CARE <i>Prof. Amera Ahmed (Egypt)</i>
45 Min. 04:45 – 05:30 PM	SESSION 8 DIABETES COMPLICATIONS & COMORBIDITIES OVERVIEW <i>Dr. Eman Osama (Egypt)</i>
10 Min. 05:30 – 5:40	FINAL DISCUSSION & TAKEAWAYS <i>Prof. Iman El Sherif (Egypt)</i>

47

ORAL PRESENTATION



Hall C

06:00 – 06:40 PM

CHAIRPERSONS

Prof. **Ayman Elmenofy** (Egypt) - Prof. **Elsayed Elghonimy** (Egypt) - Prof. **Iman Elsherif** (Egypt)
Prof. **Sayed Gad** (Egypt)



TIME



LECTURE

10 Min.

**NEW HORIZON OF THE COMBINED BCG VACCINE WITH PROBIOTIC AND LIRAGLUTIDE
IN AUGMENTING BETA CELL SURVIVAL VIA SUPPRESSION OF TXNIP/NLRP3
PYROPTOSIS SIGNALING IN STREPTOZOCIN - INDUCED DIABETES MELLITESTYPE-1 IN
RATS.**Dr. **Amira Karam Khalifa**

10 Min.

**RESHAPING HEALTH: COVID-19'S INFLUENCE ON EXERCISE AND DIET IN PRIMARY
CARE PATIENTS IN CAIRO, EGYPT**
Dr. **Ghada O. Wassif**

10 Min.

NAVIGATING LDL ESTIMATION: CURRENT CHALLENGES AND EMERGING ALTERNATIVES
Dr. **Omneya Abdelkarem**

10 Min.

DISCUSSION



FRIDAY 2 MAY 2025

48

METABOLIC DYSFUNCTION IN OBESITY & DIABETES



Hall A
10:00 – 1 0:45 AM

CHAIRPERSONS

Prof. **Azza Abdelkareem** (Egypt) - Prof. **George Mastorakos** (Greece)
Prof. **Hany Hammad** (Egypt) - Prof. **Iman Elsherif** (Egypt)



TIME



LECTURE

20 Min.

MENOPAUSE AND OBESITY

Prof. **George Mastorakos** (Greece)

15 Min.

ROLE OF ADIPOCYTE IN METABOLIC DYSFUNCTION

Prof. **Iman El Sherif** (Egypt)

10 Min.

DISCUSSION

49

ZETA SYMPOSIUM



Hall A
10:45 – 11:00 AM

CHAIRPERSONS



TIME



LECTURE

15 Min.

DUAL THERAPY: A CORNERSTONE IN BRIDGING GAPS IN DIABETES CARE

Prof. **Talaat Abdelaaty** (Egypt)

50

METABOLIC DYSFUNCTION IN OBESITY & DIABETES



Hall A
11:05 – 11:40 AM

CHAIRPERSONS

Prof. **Abdel Khalik Hamid** - Prof. **Farid Fawzy** - Prof. **Talaat Abdelaty** (Egypt)
Prof. **Shorok Mousa** (Egypt)



TIME



LECTURE

20 Min.

PAST, PRESENT AND FUTURE OF INSULIN THERAPY

Prof. **Farid Fawzy** (Egypt)

15 Min.

UNVEILING TOBACCO INDUSTRY TACTICS: IMPLICATIONS FOR DIABETES, NCD BURDEN, AND 2030 SDG TARGETS IN THE EASTERN MEDITERRANEAN.

Prof. **Thamer Elhalfy** (Iraq)

10 Min.

DISCUSSION

51

AZHAR UNIVERSITY SESSION



Hall A
11:50 – 01:00 PM

CHAIRPERSONS

Prof. **Elham Yousef** - Prof. **Gamal Badr** (Egypt) - Prof. **Ibrahim Ghonim** (Egypt)
Prof. **Mahmoud Ezzat** (Egypt) - Prof. **Mahmoud Hemida** (Egypt)

TIME	LECTURE
15 Min.	DIABETES AND METABOLIC BONE HEALTH: WHAT'S NEW? Prof. Mahmoud Ezzat (Egypt)
15 Min.	DIABETES AND LUNG Prof. Mahmoud Hemida (Egypt)
15 Min.	DIABETES AND STROKE: DIABETOLOGIST PERSPECTIVE Prof. Olfat Fawzy (Egypt)
15 Min.	DIABETES AND CHRONIC LIVER DISEASES Prof. Abd-arahman Shalaby (Egypt)
10 Min.	DISCUSSION
01:00 – 01:30 PM PRAYER & COFFEE BREAK	

52

DIABETES AND VASCULAR DISEASES



Hall A
01:30 – 02:15 PM

CHAIRPERSONS

Prof. **Afaf Abdeltawab** (Egypt) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Amira Ahmed** (Egypt)
Prof. **Sama Ayman** (Egypt) - Prof. **Heba Mahmoud** (Egypt) - Prof. **Heba Mostafa** - Prof. **Roukaia Abd El Aziz**

TIME	LECTURE
15 Min.	CHALLENGES OF THE USE OF ANTIPLATELETS AND ANTICOAGULANTS IN PEOPLE WITH DIABETES WITH VASCULAR DISEASES Prof. Sama Ayman (Egypt) Prof. Heba Mahmoud (Egypt)
15 Min.	DIABETES AND CHRONIC LIVER DISEASES Prof. Abd-arahman Shalaby (Egypt)
20 Min.	DISCUSSION

53

DIABETES IN SPECIAL POPULATIONS



Hall B
10:00 – 10:40 AM

CHAIRPERSONS

Prof. **Farid Fawzy** (Egypt) - Prof. **Hazem Ashmawy** (Egypt)



TIME



LECTURE

15 Min.

BREAK THE CHAIN OF DIABETES FEAR IN PREGNANCY

Prof. **Amera Ahmed** (Egypt)

15 Min.

CHALLENGES AND STRATEGIES FOR DIABETES MANAGEMENT IN THE ELDERLY

Prof. **Shrouk Mousa** (Egypt)

10 Min.

DISCUSSION

54

AASD METABOLIC SURGERY CONSENSUS



Hall B
10:45 – 11:35 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamed** (Egypt) - Prof. **Amr El Meligi** (Egypt) - Prof. **Hany Hammad** (Egypt)
Prof. **Hesham Magd Eldin** (Egypt) - Prof. **Inass Shaltout** (Egypt) - Prof. **Maha Yousef** (Egypt)
Prof. **Rasha Sobh** (Egypt)



TIME



LECTURE

05 Min.

WHICH PERSON SHOULD HAVE SURGERY & WHEN?

Prof. **Hesham Magd Eldin** (Egypt)

05 Min.

EPIGENIC SIGNATURE OF OBESITY

Prof. **Sahar Elwakel** (Egypt)

05 Min.

HINT ON TYPES OF METABOLIC/BARIATRIC PROCEDURES

Prof. **Amr El Meligi** (Egypt)

05 Min.

WHAT IS THE EFFECT OF BARIATRIC SURGERY ON TYPE 2 DIABETES REMISSION AND LONG-TERM BLOOD SUGAR CONTROL?

Prof. **Maha Yousef** (Egypt)

05 Min.

AN BARIATRIC SURGERY EFFECTIVELY REVERSE NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) IN PATIENTS WITH OBESITY?

Prof. **Abdel Khalik Hamed** (Egypt)

05 Min.

METABOLIC SURGERIES IN CHRONIC KIDNEY DISEASE

Prof. **Hany Hammad** (Egypt)

05 Min.

COMPLICATIONS OF METABOLIC SURGERY

Prof. **Rasha Sobh** (Egypt)

05 Min.

RECOMMENDATIONS FOR MANAGING OBESITY

Prof. **Inass Shaltout** (Egypt)

10 Min.

DISCUSSION

POSTERS ABSTRACTS

Abubakr Sowilem

- **EMPAGLIFLOZIN-INDUCED DELAYED ONSET EUGLYCEMIC DIABETIC KETOACIDOSIS**

Ghada Zaghloul

- **IMPACT OF ANEMIA ON HBA1C LEVEL IN TYPE 2 EGYPTIAN DIABETIC PATIENTS LIVES IN CAIRO GOVERNMENT (WHICH IS WHICH)**

Nermine Ezz Eldine

- **EXPRESSION OF ENERGY METABOLISM-RELATED GENES AS PREDICTIVE BIOMARKERS IN OBESE INDIVIDUALS WITH TYPE 2 DIABETES**

Karim M. Hemdan

- **THE DOUBLE THREAT: UNDERSTANDING THE INTERPLAY OF DIABETES AND HYPERTENSION**

Baraa Alhendawi

- **HOW A YEAR OF GENOCIDE INFLUENCED DIABETES MILLETS COMPLICATIONS AND COMPLICATIONS SEVERITY - A CROSS-SECTIONAL STUDY ON DIAGNOSED DIABETICS OF GAZA STRIP**

Shady Ahmed

- **BIOTECHNOLOGICAL CONVERSION OF AGRICULTURAL WASTE INTO NATURAL SWEETENERS USING GENETICALLY MODIFIED FUNGI**

Amr Abdelhamid

- **INTEGRATING NUTRIGENETICS AND NUTRIGENOMICS IN THE STUDY OF CHEMERIN RS17173608 AND VASPIN RS2236242 POLYMORPHISMS: IMPLICATIONS FOR TYPE 2 DIABETES MELLITUS IN THE EGYPTIAN POPULATION**

THANKS TO AASD 2025 SUCCESS PARTNERS

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