



21st

Annual International Conference of
**Arabic Association for the
Study of Diabetes and Metabolism**

Member of:

International Diabetes Federation, IDF

*30 April – 2 May 2025
InterContinental Cairo Semiramis Egypt*

Wednesday

30 April 2025

Hall A

Session	Hall A	
10:00 – 10:50 AM		
Chairpersons:		
20 Min.	Inflamation in type 2 Diabetes	Prof. Mick Kumwenda
20 Min.	Autoimmune Diabetes	Prof. Andrew Behnke
10 Min.	Discussion	
11:00 – 11:30 AM	Opening تكريم التميز	

Session	Hall A	
11:30 AM – 12:20 PM		
Chairpersons:		
20 Min.	600	Prof. Peter shwartz
20 Min.	prevention of obesity and type 2 diabetes in Aolescent	Prof. Inass Shaltout
10 Min.	Discussion	

12:20 – 12:40 PM Coffee Break

Session	Hall A	
12:45 – 01:35 PM		
Chairpersons:		
20 Min.	Future of diabetes	Prof. Andrew Behnke
20 Min.	Management of type 2 Diabetes in low- and middle-income countries	Prof. Amr El Meliegy
10 Min.	Discussion	

Session	Hall A	
01:40 – 02:40 PM		
Chairpersons:		
20 Min.	Cardiometabolic Renal Disease	Prof. Mick Kumwenda
15 Min.	New horizon for more effective cardiovascular management in diabetics	Prof. Bassem Zariief
15 Min.	Cardiovascular trials and anti-diabetic management	Prof. Shaymaa Abdelmaabod
10 Min.	Discussion	

Session	Hall A	
02:45 – 03:35 PM		
Chairpersons:		
20 Min.	Autoimmune diabetes of the adult and type 2 diabetes	Prof. Collin Dayan Online
20 Min.	Diabetic Neuropathy	Prof. rayaz Malek

		Online
10 Min.	Discussion	

Session	Hall A	
03:40 – 04:40 PM	Sanofi Symposium	
Chairpersons:		

Session	Hall A	
04:45 – 05:45 PM	Novo Symposium	
Chairpersons:		

Session	Hall A	
05:50 – 06:50 PM	Companies Symposium	
Chairpersons:		
15 Min.	Alesraa Symposium	
30 Min.	Viartis Symposium	
15 Min.	Zeta Symposium	

Session	Hall A	
06:55 – 07:35 PM		
Chairpersons:		
15 Min.	type 1 diabetes prevention , updates and debates	Prof. Fared Fawzy

15 Min.	From CRM Into CARMEL : Exploring The Whole Story	Prof. Mohamed Awad
10 Min.	Discussion	

Session	Hall A	
07:40 – 08:35 PM	EAVA	
Chairpersons:	Prof. Ashraf Reda, , Prof. Atef Elbahry, Prof. Mohamed Selim	Moderator: Prof. Yasser Huzayn
15 Min.	Confronting Obesity to Prevent CVD: Action Is Now	Prof. Atef Elbahry
15 Min.	Types of Obesity and their impact on CV disease, they aren't the same!!	Prof. Mohamed Selim
10 Min.	Discussion	

Hall B

Session	Hall B	
09:30 – 10:20 AM	Challenges in management of type 1 Diabetes	
Chairpersons Alphabetically:	Prof. Dina Khedr Prof. Shereen Abdel Ghaffar Prof. Radwa Shamma prof. Mona Atteya	
15 Min.	optimizing insulin delivery in type 1 diabetes	Prof. Shereen Abdel Ghaffar
15 Min.	managing challenges of exercise in type 1 diabetes	Prof. Radwa Shamma

15 Min.	pitfalls in management of DKA	Prof. Dina Khedr
10 Min.	Discussion	

Session	Hall B	
06:55 – 07:50 PM		
Chairpersons		
15 Min.	type 2 diabetes in children, an overview	Prof. Elsayed Ghonamy
15 Min.	Is Pediatric Type 2 Diabetes a Lifestyle Disease or a Genetic Time Bomb?	Prof. Mona Karim Amin
15 Min.	Transition from pediatric to adult diabetes care	Prof. Mona Mamdoh
10 Min.	Discussion	

Session	Hall B	
07:55 – 08:40 PM	CMRE – AASD Joint Meeting	
Chairpersons Alphabetically:		
20 Min.	Hepatogenous Diabetes and Cirrhosis - The link	Prof. Chawla Online
20 Min.	women and diabetes: need for gender specific guidelines	Prof. Shalini Online

5 Min.	Discussion
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Hall C

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00:00 – 00:00	Session 0	Hall C
Advancing Diabetes Care Through Technology		

: Alphabetically

Prof. Andrew Behnke, Prof. Hazem Elashmawy, Prof. Mona Kareem, Prof. Mona Mamdouh

Speakers:

Opening & Keynote		Prof. Andrew Behnke	(45min)
Session 1	Continuous Glucose Monitoring (CGM) – Optimizing Clinical Decision-Making	Prof. Andrew Behnke	(60 min)
Session 2	Insulin Pumps & Automated Insulin Delivery (AID) – Personalized Diabetes Management	prof. Mona Karim	(60 min)
Session 3	Artificial Intelligence in Diabetes Care – The Future of Decision Support	Prof Hazem Elashmawy	(60min)
Hands-on Workshop	Using Diabetes Technology in Clinical Practice	Prof. Mona Mamdouh	(60 min)
Closing Session	Future Trends & Clinical Integration	Prof. Andrew Behnke	(45min)

Thursday

1 May 2025

Hall A

Session	Hall A	
09:00 – 09:45 AM		
Chairpersons:		
15 Min.	take a look at the future case presentation	Prof. Omar Elsaadany
20 Min.	Looking into future of diabetes management	Prof. Massimo Massi Bendetti

	New insights and challenges of data collection and management in diabetes	
10 Min.	Discussion	

Session		Hall A
09:50 – 10:35 AM		
Chairpersons:		
15 Min.	diabetes in pregnancy; a practical approach	Prof. Magdy Helmy
20 Min.	SGM During Pregnancy	Prof. Tatjana Milenkovic
10 Min.	Discussion	

Session		Hall A
10:40 – 11:50 AM		
Chairpersons:		
20 Min.	The metabolic memory is back	Prof. Antonio Cerillo
20 Min.	Clinical implications of insulin resistance and prediabetes	Prof. Djuro Macut
20 Min.	Stress and Metabolic syndrome	Prof. George Mastorakos
10 Min.	Discussion	

Session	Hall A	
11:55 – 12:45 PM	Prevention of obesity /T2D in adolescents	
Chairpersons:		
10 Min.	Screening for obesity and type 2 diabetes in youth	Prof. Amr El Meliegi
10 Min.	School based protocols for screening; and prevention of obesity and T2D in adolescents	Prof. Inass Shaltout
10 Min.	Physical exercise; combating sedentary lifestyle in youth	prof: Hany Hammad
10 Min.	Uses of media and technology tools in prevention of T2D and obesity in adolescents	prof. Eman Elshreef
10 Min.	Discussion	

Session	Hall A	
12:50 – 02:00 PM	Egyptian Society of Cardiology: ESC session	
Chairpersons:	Prof. Gamela Nasr prof Nabil Farag Prof Magdy Abdelhameed Prof Nasser Taha	
15 Min.	Percutaneous Coronary Interventions in the Diabetic Patient: Where Do We Stand?	prof Nabil Farag
15 Min.	Diabetes and heart failure are linked; treatment should be too	Prof Magdy Abdelhameed

15 Min.	Linking diabetes and Peripheral vascular disease	Prof Nasser Taha
15 Min.	LEVELS OF PREVENTION : Primordial prevention vs primary prevention	PROF GAMELA NASR
10 Min.	Discussion	

02:00 – 02:20 PM Coffee Break

Session	Hall A	
02:25 – 02:50 PM	EPCL: Egyptian Psych-cardiology League and EgWGPC: Egyptian Society of Cardiology- Working Group of Psycho- Cardiology	
Chairpersons:		
15 Min.	Diabito-psycho-cardiology.: the new concept of holistic medicine.	Prof. Ahmed EL GHALID
10 Min.	Discussion	

Session	Hall A
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02:55 – 03:35 PM	MSD Symposium	
Chairpersons:		

Session	Hall A	
03:40 – 04:55 PM	Companies Symposium	
Chairpersons:		
15 Min.	Alesraa Symposium	
30 Min.	Pharco Symposium	
30 Min.	BI Symposium	

Session	Hall A	
05:00 – 06:00 PM	Companies Symposium	
Chairpersons:		
20 Min.	Adwia Symposium	
15 Min.	Eva Symposium	
15 Min.	Multicare Symposium	
10 Min.	Integra Symposium	

Session	Hall A	
06:05 – 06:35 PM	Companies Symposium	

Chairpersons:		
15 Min.	Rameda Symposium	
15 Min.	Nerhado Symposium	

Session	Hall A	
06:40 – 07:30 PM		
Chairpersons:		
15 Min.	New Regional Diabetic Retinopathy guidelines	Prof. Muhammad Hassanien
15 Min.	Diabetes and the mind	Prof. Hesham Magd Eldin
15 Min.	Cardiovascular autonomic neuropathy in diabetes	Prof. Mohamed Elmerry
5 Min.	Discussion	

Session	Hall A	
07:35 – 08:10 PM		
Chairpersons:		
15 Min.	Use of biomarkers in diabetes practice	Prof. Eman Elshorbagi
15 Min.	C peptide	Prof. Maha Asem
5 Min.	Discussion	

Session	Hall A	

08:15 – 08:50 PM		
Chairpersons:		
15 Min.	Beyond the ominous octet'' The role of hypercortisolism in uncontrolled type 2 diabetes	Prof. Mohamed Kamar
15 Min.	Diabetes after steroids therapy	Prof. Abdelmajid Chraibi
5 Min.	Discussion	

Hall B

Session	Hall B	
09:00 – 09:55 AM	GI Manifestations of Endocrinal Diseases	
Chairpersons Alphabetically:	Prof. Ahmed Morad Hashem Prof. Medhat Elsahar	
Moderator	Prof. Mohamed-Naguib Wifi	
15 Min.	NET, It is rare ...but take care	Prof. Ahmed Morad Hashem
15 Min.	GIT symptoms in diabetic patients. A practical approach: how to find your way in the maze.	Prof. Mohamed Naguib
15 Min.	The GIT face of thyroid disorders.	Prof. Medhat Elsahar
10 Min.	Discussion	

Session	Hall B	
10:00 – 10:40 AM		
Chairpersons:		
15 Min.	diabetes and genetics	Prof. Mohammed Hejazy
15 Min.	Epigenic signature of Obesity	Prof. Sahar Elwakel
10 Min.	Discussion	

Session	Hall B	
10:45 – 12:00 PM	Diabetes and Liver	
Chairpersons Alphabetically:	Prof. Abdel Khalik Hamid Prof. Ashraf Abobakr Prof. Mohamed Elboraay Prof. Shreif Abdel Fatah	
15 Min.	What happens when gut flora imbalance??	Prof. Mohamed Elboraay
15 Min.	What are the relationship between gut microflora and diabetes?	Prof. Omar Heikal
15 Min.	How does the Gut microbiome affect the liver?	Prof. Hosny Salama
15 Min.	Type 2 DM and Liver Disease: Across the Gut-liver Axis	Prof. Abdel Khalik Hamid
15 Min.	Discussion	

Session	Hall B	
12:05 – 01:20 PM	Nephrology and diabetes	
Chairpersons Alphabetically:	Prof. Yasser Abdel Hamid	
15 Min.	Prevention of diabetic nephropathy	Prof. Hany Hammad
15 Min.	Optimizing antiproteinuric therapy	Prof. Hatem Darweish
15 Min.	initiation of renal replacement therapy in dibetic ESRD	Prof. Saied Khames
15 Min.	Dyslipidemia and diabetic kidney disease	Prof. Mick Kumwenda
15 Min.	Discussion	

Session	Hall B	
01:25 – 02:00 PM		
Chairpersons:		
15 Min.	treatment of diabetes old is gold	Prof. Omar Elsaadany
15 Min.	Personalizing Diabetes Treatment in Older Adults: Balancing Efficacy and Safety	Prof. Maha Youssef
5 Min.	Discussion	

02:00 – 02:20 PM Coffee Break

Session	Hall B	
02:25 – 03:05 PM	Nutrition Session	
Chairpersons Alphabetically:	Prof. Mona Hegazy Prof. Wesam Ibrahim	
15 Min.	Obesity and MASLD in nutritional plan	Prof. Mona Hegazy
15 Min.	Obesity with Hypertriglysidemia, low HDL and high LDL in nutritional plan	Prof. Wesam Ibrahim
10 Min.	Discussion	

Session	Hall B
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04:20 – 04:55 PM		
Chairpersons:		
15 Min.	Diabetes and Malignancy	Prof. Mohamed Awad
15 Min.	Diabetes management in cancer patients: challenges and clinical consideration	Prof. Mohamed Magdy
5 Min.	Discussion	

Session		Hall B
05:00 – 05:35 PM	Hypoglycemia	
Chairpersons Alphabetically:		
15 Min.	Technological Advances in Hypoglycemia Prevention	Prof. Maha Asem
15 Min.	Pathophysiology of Hypoglycemia in Diabetes, Hypoglycemia-Associated Autonomic Failure (HAAF) and recurrent Hypoglycemia	Prof. Dina Farouk
5 Min.	Discussion	

Session		Hall B
05:40 – 06:15 PM		
Chairpersons Alphabetically:		

15 Min.	Costeffectivnes of diabetes therapy	Prof. Hesham Magd Eldin
15 Min.	continous glucose monitoring	Prof. Amera Ahmed
5 Min.	Discussion	

Session	Hall B	
06:20 – 06:55 PM		
Chairpersons Alphabetically:		
15 Min.	Statin intolerance: Myth or Reality	Prof. Hanaa Kandel
15 Min.	Dyslipidemia Management in Diabetes: Navigating the Latest Guidelines	Prof. Shaymaa Fathy
5 Min.	Discussion	

Session	Hall B	
07:00 – 08:10 PM	Companies Symposium	
Chairpersons:		
10 Min.	Eipico Symposium	

10 Min.	Copad Symposium	
10 Min.	HSO Symposium	
10 Min.	Pharmacure Symposium	
10 Min.	Atco Symposium	
10 Min.	MUP Symposium	

Session	Hall B	
08:15 – 08:50 PM		
Chairpersons Alphabetically:		
15 Min.	MASLD risk stratification: integrating biomarkers, imaging, and clinical scores	Prof. Mohammed Alkasas
15 Min.	Diabetes and liver	Prof. Alyaa elsherbiny
5 Min.	Discussion	

Hall C

Workshop

Thursday 1 May 2025

<u>00:00 – 00:00</u>	<u>Session 0</u>	<u>Hall C</u>
<u>Empowering Diabetes Educators – A Practical Approach</u>		

: Alphabetically

Prof. Eman Elshreif ,prof. Rasha Sobh, prof. Hesham Magdeldien, prof Eman Osama, prof: Amera Ahmed,

Speakers:

<u>Welcome & Introduction</u>		<u>prof. Eman Elshreif</u>	<u>(30 min)</u>
<u>Session 1</u>	<u>Understanding Diabetes - The Basics</u>	<u>prof. Eman Elshreif</u>	<u>(45 min)</u>
<u>Session 2</u>	<u>Lifestyle & Diabetes – The Power of Healthy Choices</u>	<u>prof. Rasha Sobh</u>	<u>(60 min)</u>
<u>Session 3</u>	<u>Non-Insulin Therapies – Medications for Diabetes</u>	<u>Prof. Hesham Magd Eldin</u>	<u>(45 min)</u>
<u>Session 4</u>	<u>Insulin Therapy – Understanding & Teaching Safe Use</u>	<u>Dr. Mohamed Oraby and Sanofi Educators</u>	<u>(45 min)</u>

<u>Session 5</u>	<u>Carbohydrate Counting & Blood Sugar Control</u>	<u>Prof. Mona Karim</u>	<u>(45 min)</u>
<u>Session 6</u>	<u>Diabetes Complications & Comorbidities Overview</u>	<u>prof. Eman Osama</u>	<u>(45 min)</u>
<u>Session 7</u>	<u>Diabetes & Technology</u>	<u>Prof. Amera Ahmed</u>	<u>(45 min)</u>
<u>Session 8</u>	<u>Diabetic Foot – Prevention & Care</u>	<u>Prof Amera Ahmed</u>	<u>(45 min)</u>
<u>Final Discussion & Takeaways</u>		<u>prof. Eman Elshreif</u>	<u>(10 min)</u>

Friday

2 May 2025

Hall A

Session		Hall A
10:00 – 10:45 AM		
Chairpersons:		
20 Min.	Menopause and obesity	Prof. George mastorakos
15 Min.	Role of adipocyte in metabolic dysfunction	Prof. Eman El Sherif
10 Min.	Discussion	

Session		Hall A
11:00 – 11:45 AM		
Chairpersons:		

20 Min.	past, present and future of insulin therapy	Prof. Farid Fawzy
15 Min.	Unveiling Tobacco Industry Tactics: Implications for Diabetes, NCD Burden, and 2030 SDG Targets in the Eastern Mediterranean.	Prof. Thamer Elhalfy
10 Min.	Discussion	

Session	Hall A	
11:50 – 01:00 PM	Azhar University Session	
Chairpersons Alphabetically:	Prof. Gamal Badr Prof. Ibrahim Ghonim Prof. Mahmoud Ezzat prof. Mahmoud Hemida	
15 Min.	Diabetes and Lung	prof. Mahmoud Hemida
15 Min.	Diabetes and Stroke: Diabetologist perspective	Prof. Olfat Fawzy
15 Min.	Diabetes and chronic Liver diseases	Prof. Abd-alrahman Shalaby
15 Min.	Diabetes and metabolic bone health: what's new?	prof. Mahmoud Ezzat
10 Min.	Discussion	

01:00 – 01:30 PM Prayer & Coffee Break

Session	Hall A	
01:30 – 02:15 PM	Diabetes and Vascular Diseases	
Chairpersons Alphabetically:	Prof. Afaf Abdeltawab Prof. Elham Yousef Prof. Sama Ayman Prof. Heba Mahmoud	

15 Min.	Diabetic Foot	Prof. Elham Yousef
15 Min.	Challenges of the use of antiplatelets and anticoagulants in people with diabetes with vascular diseases	Prof. Sama Ayman Prof. Heba Mahmoud
10 Min.	Discussion	

Hall B

Session	Hall B	
10:00 – 10:40 AM		
Chairpersons:		
15 Min.	Break the chain of diabetes fear in pregnancy	Prof. Amera Ahmed
15 Min.	Challenges and strategies for diabetes management in the elderly	Prof. Shrouk mousa
10 Min.	Discussion	

Session	Hall B	
10:45 – 11:35 PM	AASD Metabolic surgery Consensus	
Chairpersons:		
5 Min.	Which person should have surgery & when?	Prof. Hesham Magd Eldin
5 Min.	Hint on types of metabolic/bariatric procedures	Prof. Amr El Meliegi
5 Min.	What is the effect of bariatric surgery on type 2 diabetes remission and long-term blood sugar control?	Prof. Maha Yousef
5 Min.	Can bariatric surgery effectively reverse non-alcoholic fatty liver disease (NAFLD) in patients with obesity?	Prof. Abdel Khalik Hamed
5 Min.	Metabolic surgeries in chronic kidney disease	Prof. Hany Hammad
5 Min.	complications of metabolic surgery	Prof. Rasha Sobh
5 Min.	recommendations for Managing Obesity	Prof. Inass Shaltout
10 Min.	Discussion	

Session	Hall B	
12:40 – 01:00 PM		
Chairpersons:		

15 Min.	Sucrose-free LFD Causes Colon Inflammation and Liver Fat Accumulation	Prof. Nora Almansour
5 Min.	Discussion	