

The Sixth Annual INTERNATIONAL Conference Of  
THE ARABIC ASSOCIATION FOR THE STUDY OF  
DIABETES & METABOLISM.  
AASD

16-18 June 2011  
Red Sea, Porto Sokhna

Under The Patronage of  
His Excellency Mr. Amr Mousa  
Secretary General of League of Arab States



Honorary Presidents  
Prof. Ragaey Henry Prof. Rafat Rashwan

AASD & Conference President  
Prof. Inass Shaltout

Conference Vice-President  
Prof. Amr Abdel Wahab

Conference Secretary  
Prof. Abdel Khalek Hamed

Chairman of the Scientific Committee

Prof. Mohamed Hassanein (United Kingdom)  
*In Collaboration with*

Faculty of Medicine, Cairo University

Internal Medicine & Diabetes Unit

&

The Middle East & North African Society of Vascular Surgeons

Chairman of Internal Medicine Unit

Prof. Mohamed Khattab

Chairman of Endocrinology & Diabetes Unit

Prof. Ibtesam Zakaria

MENA Vascular Surgeons President

Prof. Amr Gad

Chairmen of the Advisory Board

Prof. Salah Ibrahim, President of the EGD

(Alphabetical)

Prof Adel Abdelaziz

Prof Fahmy Amara

Prof Assem Zeyada

Prof Sherif Hafez



His Excellency Mr. Amr Mousa  
Secretary General of League of Arab States



AASD Honorary President  
Prof. Ragaey Henry



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Prof. Rafat Rashwan



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Chairman of Internal Medicine Unit  
Prof. Mohamed Khattab



Chairman of Endocrinology & Diabetes Unit  
Prof. Ibtesam Zakaria



MENA Vascular Surgeons President  
Prof. Amr Gad

The Sixth Annual INTERNATIONAL Conference Of THE ARABIC  
ASSOCIATION FOR THE STUDY OF DIABETES & METABOLISM.  
AASD

Dear colleagues,

*Welcome to the 6th AASD International conference.*

It is great honour that our conference is held under the patronage of his Excellency Mr. Amr Mousa, secretary general of of league of Arab States. We appreciate a lot his support to our conference and truly grateful for his special attention to AASD conference and his patronage to all AASD scientific & medical Activities.

We appreciate a lot the presence of our eminent guest speakers from United Kingdom, Scotland, Greece, Germany, Pakistan and Arabic countries like Syria and Morocco for their presence to share in this outstanding scientific event. Their participation added a great scientific value to the conference.

Our Great thanks and gratitude to all Egyptian professors & speakers who agreed to join us and Co-chair the Advisory board and National Faculty in this huge scientific event.

**The AASD as one of the leading Diabetes Associations aims to share in:**

**1. Public Awareness And Patient Education With The Aim of Prevention And Optimum Management.**

**2. Medical Conferences Intending To Share Knowledge And Stimulate Research.**

**3. Post Graduate Continuous Medical Education (AASD-CME)**

**4. Newsletters For Health Care Professionals That Intend To Increase Knowledge About The Standards Of Medical Care In Diabetes And Associated Co-Morbidities And Complications.**

In addition to the exciting scientific program, we hope you enjoy our social program in one of the most attractive African countries.

*Looking forward to see you in: 7<sup>th</sup> AASD conference, 19-21 October 2011.*

*Best Regards*

**AASD & Conference President**

**Prof. Dr. Inass Shaltout**

**AASD Annual Conferences:**

**1<sup>st</sup> AASD Annual Conference, Cairo, 20-21 December 2006.**

**2<sup>nd</sup> AASD Annual Conference, Cairo, 28-30 November 2007.**

**3<sup>rd</sup> AASD Annual Conference, Cairo, 29-31 October 2008.**

**4<sup>th</sup> AASD Annual Conference, Cairo, 18-20 November 2009.**

**5<sup>th</sup> AASD Annual Conference, Cairo, 08-10 December 2010.**

**AASD International Conferences:**

**- AASD in collaboration with University of Medical Sciences and Technology, Khartoum, Sudan, 1-4 February 2008.**

**- AASD in collaboration with Maghrabian Society of Diabetes and Nutrition SMEDIAN and FMED, Morocco, 1-4 May 2008.**

## **International Faculty (Alphabetical)**

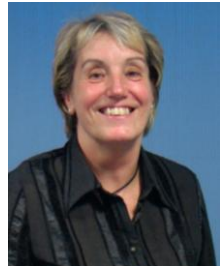
### **Professor Christine Skinner (Scotland)**

Senior Lecturer, Programme Organiser BSc (Hons) Podiatry

Department of Diagnostic Imaging

ODP, Podiatry and Radiotherapy, School of Health,

Glasgow Caledonian University, Glasgow



### **Professor Fatima Marouan (Morocco)**

Endocrinology, diabetology and nutritional diseases specialist

Consultant physician within CHU IBN ROCHD in Casablanca. (University hospital Center)

Ex professor in Casablanca's medical and pharmaceutical faculty

President of the Société Marocaine d'Endocrinologie Diabétologie Nutrition. (SMEDIAN)



### **Professor Helmut Schatz (Germany)**

1989 – 2003 Full Professor and chairman, Internal Medicine, Ruhr-University Bochum

Many scientific awards including the Minkowski Medal 2004, Wroclaw, the Hippocrates Medal 2006, Kos, the Juehling Medal Duesseldorf 2010 and the degree of a Doctor honoris causa, University of Cluj-Napoca 2010

1990/91 President of the German Diabetes Association

1995-2005 Editor-in-Chief, "Experimental and Clinical Endocrinology & Diabetes",

2003-2009: President of the Central European Diabetes Association

2009-2012 Member of the Board of the German Endocrine Society as Media-Speaker



### **Professor Leonidas Duntas (Greece)**

Professor of Internal Medicine and Endocrinology of the Medical School at the University of Ulm, Germany.

Clinical and Research Associate at the Endocrine Clinic, Evgenidion Hospital, University of Athens, Greece.

Visiting Professor at the Universities of Beograd and Novi Sad (Serbia).

Past president of the Hellenic Association for the Study of Obesity and Metabolism.



### **Professor Nabil Isseh (Syria)**

Professor of Endocrinology and Diabetes

Former president of the Syrian Diabetes Association



### **Professor Rayaz A Malik (United Kingdom)**

MBChB, FRCP, PhD.

Professor of Medicine & Consultant Physician,  
Division of Cardiovascular Medicine,

Central Manchester Foundation Trust & University of Manchester,  
Core Technology Facility,



### **Professor Zaman Shaikh (Pakistan)**

Professor of Medicine, Dow University of Health Sciences, Karachi

Director National Institute of Diabetes & Endocrinology,

FCPS (Med), MRCP, M.S.c (Diabetes & Endocrinology), FRCP



### **Professor Zohni Elwahedi (Palestine)**

President of the Medical Syndicate, Gaza

## *Main Topics*

- Diabetes Update.
- New Anti diabetic therapies.
- Diabetes Cardiovascular Complications.
- Hyperlipidemia.
- Hypertension.
- Pathogenesis, Prediction and Prevention of Diabetes.
- Stem cells, Beta cells generation and Islet Cell Transplantation.
- Diabetes and Oncogenesis.
- Diabetes and liver, Clinical Standards.
- Diabetic Nephropathy.
- Patient Education.
- Diabetic Foot Problems.
- Diabetic Neuropathy Update.
- Obesity & its management.
- Paper Presentation.



## **National Faculty (Alphabetical)**

Prof. Aida Wasfy  
Prof. Allia Mosalam  
Prof. Aly Abdel Wahab  
Prof. Amin Roshdy  
Prof. Amr El Meligy  
Prof. Atef Al Bahary  
Prof. Esmat Shiba  
Prof. Hala Aly  
Prof. Hisham Algayar  
Prof. Ibrahim Elebrashy  
Prof. Khalifa Abdalla  
Prof. M. Fahmy Abdel Aziz  
Prof. Mabaheg Soka  
Prof. Manal Almasry  
Prof. Mesbah Kamel  
Prof. Mohamed Naguib  
Prof. Mona Mansour  
Prof. Nagwa Lashin  
Prof. Ola Ragab  
Prof. Osama Abdel Aziz  
Prof. Ragheb Refaey  
Prof. Rawia Khater  
Prof. Reda Awadin  
Prof. Salah El Ghazali  
Prof. Salah Shelbaya  
Prof. Samir Naeem  
Prof. Sanaa Gazarin  
Prof. Sherif El Hawary  
Prof. Soad Sultan

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	<b>THURSDAY, 16 June 2011</b>	
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*(11:30 – 12:00) Registration*

*(12:00 – 12:20) Coffee break*

### **Opening session**

<b>(12:20 – 13:10)</b>	<b>Symposium I</b>	<b>THURSDAY 16 June</b>
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#### **CHAIRPERSONS:** (Alphabetical)

**Prof. Aida Wasfy**

**Prof. Allia Mosalam**

**Prof. Amr Abdel Wahab**

**Prof. Mohamed Hassanein (UK)**

**Prof. Rawia Khater**

**Prof. Reda Awadin**

**Prof. Zohni Alwahedi (Palestine)**

#### **SPEAKERS:**

**Prof. Abdel Khalek Hamed (EGYPT)**

*(12:20 – 12:45) Diabetes associating liver disease, interactive session*

**Prof. Zaman Sheikh (Pakistan)**

*(12:45 – 13:05) New Antidiabetic Drugs*

*(13:05 – 13:10) Discussion*

**(13:10 – 14:00)**

**Symposium II**

**THURSDAY 16 June**

**CHAIRPERSONS:** (Alphabetical)

**Prof. Aida Wasfy**

**Prof. Mohamed Khattab**

**Prof. Ola Ragab**

**Prof. Rafat Raswan**

**Prof. Ragheb Refaey**

**Prof. Rawia Khater**

**Prof. Sanaa Gazareen**

***Symposium II A***

***Astra Zeneca Symposium***

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**SPEAKER:**

**Prof. Inass Shaltout**

**(13:10 – 13:30)** *Current cardioprotective strategies, dealing with risk factors in diabetes*

**(13:30 – 13:35)** **Discussion**

***Symposium II B***

***Hikma Symposium***

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**SPEAKER:**

**(13:35 – 13:55)** **Prof. Salah Shelbaya**

**(13:55 – 14:00)** **Discussion**

**(14:00 – 14:30)**

**Symposium III**

**THURSDAY 16 June**

***MSD symposium***

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**CHAIRPERSONS:** (Alphabetical)

**Prof. Abdel Khalek Hamed**

**Prof. Ibrahim Elebrashy**

**Prof. Salah El Ghazali**

**Prof Salah Ibrahim**

**Prof. Sherif El Hawary**

**Prof. Sherif Hafez**

**SPEAKER:**

**Prof. Inass Shaltout**

**(14:00 – 14:25)** *Novel Antidiabetic Therapies, The Incretin Approach*

**(14:25 – 14:30)** **Discussion**

**Official opening (17:30 – 18:10)**

**CHAIRPERSONS:**

➤ **Her Excellency Mrs. Laila Negm**

MINISTER OF PLENIPOTENTIARY, LEAGUE OF ARAB STATES

➤ **Prof. Salah Ibrahim**

PRESIDENT OF EGD

➤ **Prof. Rafat Rashwan**

AASD HONORARY PRESIDENT

➤ **Prof. Mohamed Khattab**

CHAIRMAN OF INTERNAL MEDICINE DEPARTMENT, CAIRO UNIVERSITY

➤ **Prof. Amr Gad**

PRESIDENT OF MENA VASCULAR SURGEONS

➤ **Prof. Ibtesam Zakaria**

CHAIRMAN OF ENDOCRINOLOGY UNIT, CAIRO UNIVERSITY

➤ **Prof. Inass Shaltout**

PRESIDENT OF AASD & CONFERENCE

➤ **Prof. Amr Abdel Wahab**

AASD & CONFERENCE VICE-PRESIDENT

➤ **Prof. Abdel Khalek Hamed**

GENERAL SECRETARY OF AASD & CONFERENCE

➤ **Prof. Mohamed Hassanein**

Chairman of the Scientific Committee

**WELCOME TALKS:**

<b>Prof. Salah Ibrahim</b>	<b>3 min</b>
PRESIDENT OF EGD	
<b>Prof. Rafat Rashwan</b>	<b>3 min</b>
AASD HONORARY PRESIDENT	
<b>Her Excellency Mrs. Laila Negm</b>	<b>3 min</b>
MINISTER OF PLENIPOTENTIARY, LEAGUE ARAB STATES	
<b>Prof. Mohamed Khattab</b>	<b>3 min</b>
CHAIRMAN OF INTERNAL MEDICINE DEPARTMENT, CAIRO UNIVERSITY	
<b>Prof. Ibtesam Zakaria</b>	<b>3 min</b>
CHAIRMAN OF ENDOCRINOLOGY UNIT, CAIRO UNIVERSITY	
<b>Prof. Amr Gad</b>	<b>3 min</b>
PRESIDENT OF MENA VASCULAR SURGEONS	
<b>Prof. Amr Abdel Wahab</b>	<b>3 min</b>
AASD & CONFERENCE VICE-PRESIDENT	
<b>Prof. Inass Shaltout</b>	<b>3 min</b>
PRESIDENT OF AASD & CONFERENCE	

## **Presidents of Arabic Associations and Syndicates**

**Prof. Fatima Marouan**

*President of SMEDIAN*

*2min*

**Prof. Nabil Isseh**

*Former president of Syrian Diabetes Association*

*2 min*

**Prof. Zohni El Wahedi**

*President of medical syndicate, Gaza, Palestine*

*2 min*

**Documentary Film      5 min**

<b>(18:10 - 19:00)</b>	<b>Symposium IV</b>	<b>THURSDAY 16 June</b>
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**CHAIRPERSONS:** (Alphabetical)



**Prof. Adel Abdel Aziz**

**Prof. Amr Abdel Wahab**

**Prof. Amr Gad**

**Prof. Fahmy Amara**

**Prof. Mabaheg Soka**

**Prof. Ola Ragab**

**Prof. Rafat Rashwan**

**SPEAKERS:**

**Prof. Nabeel Isseh (Syria)**

*(18:10 – 18:30) Diabetes in the Middle East*

**Prof. Christine Skinner (Scotland)**

*(18:30 – 18:50) The foot in diabetes, does it need care?*

*(18:50 – 19:00) Discussion*

**(19:00 – 19:25)**

**Symposium V**

**THURSDAY 16 June**

***Servier Symposium***

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**CHAIRPERSONS:** (Alphabetical)

**Prof. Atef El Bahary**

**Prof. M Reda Awadin**

**Prof. Nagwa Lashin**

**Prof. Salah El Ghazali**

**Prof. Salah Ibrahim**

**Prof. Salah Shelbaya**

**SPEAKER:**

**Prof. Ibrahim El Ebrashy**

*(19:00 – 19:20) ASCOT's successful combination, rationale and evidence*

*(19:20 – 19:25) Discussion*

<b>(19:30 – 20:20)</b>	<b>Symposium VI Sanofi Symposium</b>	<b>THURSDAY 16 June</b>
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**CHAIRPERSONS:** (Alphabetical)

**Prof. Amin Roshdy**

**Prof. Fahmy Amara**

**Prof. Helmut Schatz(Germany)**

**Prof. Ibrahim El Ebrashy**

**Prof. Ibtesam Zakaria**

**Prof. Mesbah Kamel**

**SPEAKERS:**

**Prof. Mohamed Khattab**

*(19:30 – 19:50) Practical tips in Insulin therapy*

**Prof. Inass Shaltout**

*(19:50 – 20:10) Challenges in management of type 2 diabetes*

*(20:10 – 20:20) Discussion*

	<b>FRIDAY, 17 June 2011</b>	
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*(12:40 – 13:00) Coffee break*

<b>(13:00 – 13:50)</b>	<b>Symposium I</b>	<b>FRIDAY 16 June</b>
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**CHAIRPERSONS:** (Alphabetical)

**Prof. Adel Abdel Aziz**

**Prof. Christine Skinner (Scotland)**

**Prof. Helmut Schatz (Germany)**

**Prof. Leonidas Duntas (Greece)**

**Prof. Mohamed Fahmy**

**Prof. Samir Naem**

**SPEAKERS:**

**Prof. Rayaz Malik (United Kingdom)**

*(13:00 – 13:20) Diagnosis and treatment of diabetic neuropathy:  
where have gone wrong?*

**Prof. Mohamed Hassanein (United Kingdom)**

*(13:20 – 13:40) The role of structured education in the management  
of diabetes*

*(13:40 – 13:50) Discussion*

<b>(13:50 – 14:40)</b>	<b>Symposium II</b>	<b>FRIDAY 16 June</b>
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*Lilly Symposium*

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**CHAIRPERSONS:** (Alphabetical)

**Prof. Amr Elmeligy**

**Prof. Fahmy Amara**

**Prof. Fatima Marouan (morocco)**

**Prof. Mabaheg Soka**

**Prof. Mesbah Kamel**

**Prof. Mohamed Fahmy**

**Prof. Sanaa Gazareen**

**SPEAKERS:**

**Prof. Samir Naem**

*(13:50 – 14:10) Mix 50, when, who and how?*

**Prof. Ibrahim El Ebrashy**

*(14:10 – 14:30) New trends in management of diabetic peripheral neuropathic pain*

*(14:30 – 14:40) Discussion*

**(14:45 – 15:15)**

**Symposium III**

**FRIDAY 16 June**

***Sanofi Symposium***

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**CHAIRPERSONS:** (Alphabetical)

**Prof. Aly Abdel Wahab**

**Prof. Hala Gamal**

**Prof. Hala Kahla**

**Prof. Manal Elmasry**

**Prof. Mona Mansour**

**Prof. Soad Sultan**

**SPEAKER:**

**Prof. Sherif El Hawary**

*(14:45 – 15:05) In search for an ideal antihypertensive drug*

*(15:05 – 15:15) Discussion*

**(18:00 – 19:10)**

**Symposium IV**

**FRIDAY 16 June**

**CHAIRPERSONS:** (Alphabetical)

**Prof. Osama Abdel Aziz (Egypt)**

**Prof. Fatima Marouan (Morocco)**

**Prof. Nabil Isseh (Syria)**

**Prof. Zaman Shaikh (Pakistan)**

**Prof. Christine Skinner (Scotland)**

**Prof. Rayaz Malik United Kingdom)**

**SPEAKERS:**

**Prof. Leonidas Duntas (Greece)**

*(18:00 – 18:20) Metabolic syndrome & thyroid disease*

**Prof. Helmut Schatz (Germany)**

*(18:20 – 18:40) The broad spectrum of new substances for treatment of diabetes mellitus*

**Prof. Adel Abdel Aziz**

*(18:40 – 19:00) Diabetic Dyslipidemia, Recent Debate.*

*(19:00 – 19:10) Discussion*

**(19:10 – 20:00)**

**Symposium V**

**FRIDAY 16 June**

*Novartis symposium*

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**CHAIRPERSONS:** (Alphabetical)

**Prof. Atef Elbahary**

**Prof. Leonidas Duntas ( Greece)**

**Prof. Mohamed Hassanein (UK)**

**Prof. Nagwa Lashin**

**Prof. Osama Abdel Aziz**

**Prof. Ragheb Refaey**

**SPEAKERS:**

**Prof. Rayaz Malik (United Kingdom)**

*(19:10 – 19:30) Hypertension and diabetes, what are the options?*

**Prof. Adel El Etriby**

*(19:30 – 19:55) Hypertension and diabetes, when efficacy matters. An interactive session*

*(19:55 – 20:00) Discussion*



**OFFICIAL DINNER & CELEBRATION**

**21:30 MAIN RESTAURANT**

**Organizing Committee**

Dr. Mahmoud El Alfy  
Dr. Mohamed Sobhi

Dr. Sayed Gad  
Dr Medhat Elsokary

Dr. Thoraya Mohamed



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Conference & AASD president

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