

Tuesday 10 October, 2017

08:00– 09:00 Registration

Main Hall: Hall A Farhaty : Conference Sessions

Hall B Laylaty : MENA IDF Workshop

Session I

Opening session

09:00– 10:25

Kasr Al Ainy Faculty of Medicine, Cairo University

**Chairpersons: (Alphabetically)**

Prof Amr Abdel Wahab

Prof Hala Kahla

Prof Maha Mowafy

Prof Mohamed Naguib

Prof Mona Nashaat

Prof Rawya Khater

**Speakers:**

Diabetes and Liver, clinical standards

**Prof Inass shaltout**

**15 Min**

Metabolic storm after HCV direct acting antivirals

**Prof Abdel-Khalek Hamed**

**15 Min**

Diabetes and the Brain: Glucose Centric View

**Prof Abir Zakaria**

**15 Min**

Relation of serum copeptin to both proteinuria and GFR in diabetics

**Prof Hussein El-Fishawy**

**15 Min**

Medico legal aspects of diabetes in practice

**Prof Dina Shoukry**

**15 Min**

**Discussion**

**10 Min**

Tuesday 10 October, 2017  
Session 2  
Update in the literatures  
10:25– 11:15

**Chairpersons: (Alphabetically)**

Prof Abdullah Ben-Nakhi  
Prof Abdulrazzaq Al Madani  
Prof Fatheya Alawdi  
Prof László Barkai  
Prof Monira Alarouj

**Speakers:**

Adding years to life - Diabetes treatment beyond Glycemic Control	
<b>Prof Mohamed Hassanien</b>	<b>20 Min</b>
The New Frontier of Diabetes Care: Personalized Medicine	
<b>Prof Massimo Massi Benedetti</b>	<b>20 Min</b>
<b>Discussion</b>	<b>10 Min</b>

**Tuesday 10 October, 2017**  
**Opening Ceremony**  
**11:15 – 12:10**

**Prof Nam Han Cho**

IDF President-Elect

**Prof Nizar Albache**

Chair IDF MENA

**Prof Sehnaz Karadeniz**

Chair IDF Europe

**H.E. Prof Fouad El Nawawy**

Ex- Minister of Health

**Prof Raafat Rashwan**

AASD & Conference Honorary President

**Prof Inass Shaltout**

AASD & Conference President

**Prof Randa Abul Naga**

World Health Organization, NCD Officer

**Prof Amr Abdel-Wahab**

AASD & Conference Vice President

**Prof Omar El Saadany**

Conference General Secretary

**Prof Mohamed Hassanein**

Conference General Secretary

**Welcome Speech**

- |  | <b>Min</b>    |
|--|---------------|
| ➤ <b>Prof Nam Han Cho</b>              |               |
| ➤ <b>Prof Nizar Albache</b>            | <b>4 Min</b>  |
| ➤ <b>Prof Sehnaz Karadeniz</b>         | <b>4 Min</b>  |
| ➤ <b>H.E. Prof Fouad El Nawawy</b>     | <b>4 Min</b>  |
| ➤ <b>Prof Raafat Rashwan</b>           | <b>4 Min</b>  |
| ➤ <b>Prof Randa Abul Naga</b>          | <b>4 Min</b>  |
| ➤ <b>Prof Inass Shaltout</b>           | <b>2 Min</b>  |
| ➤ <b>Prof Amr Abdel Wahab</b>          | <b>2 Min</b>  |
| ➤ <b>Prof Inass Shaltout</b>           | <b>4 Min</b>  |
| AASD in 12 years & Berlin Declaration  |               |
| ➤ <b>Insights in Diabetes Field</b>    |               |
| <b>Panelist Prof Mohamed Hassanein</b> | <b>10 Min</b> |
| ➤ <b>Honoring the Pioneers</b>         | <b>10 Min</b> |

**12:10 - 12:35**

**Coffee Break**

Tuesday 10 October, 2017

Session 3

**Memorial Session to the Name of Late Prof Salah Ibrahim**

12:35– 01:00

**Chairpersons: (Alphabetically)**

Prof Ashraf Reda

Prof Dharmendra Panchal

Prof Inass Shaltout

Prof Mohamed Hassanein

Prof Raafat Rashwan

**Speakers:**

Diabetes in older population

**Prof Nam Han Cho**

**20 Min**

**Discussion**

**5 Min**

Tuesday 10 October, 2017  
Session 4  
**International diabetes Federation**  
01:00– 02:45

**Chairpersons: (Alphabetically)**

Prof Abdulrazzaq Al Madani  
Prof Adel Abdel-Aziz  
Prof Jamal Belkhadir  
Prof Luiz Gardete  
Prof Massimo Massi Benedetti  
Prof Nam Han Cho  
Prof Nizar Albache  
Prof Sehnaz Karadeniz

**Speakers:**

IDF mission initiatives in 2018-9 to battle against diabetes	
<b>Prof Nam Han Cho</b>	<b>20 Min</b>
IDF Europe: Our activities in the Region"	
<b>Prof Sehnaz Karadenis</b>	<b>20 Min</b>
Prevention of diabetes in the region.	
<b>Prof Nizar Al Bache</b>	<b>20 Min</b>
Pre diabetes and Obesity in Kuwait	
<b>Prof Monira Alarouj</b>	<b>20 Min</b>
IDF school of Diabetes	
<b>Prof Luiz Gardete</b>	<b>15 Min</b>
<b>Discussion</b>	<b>10 Min</b>

Tuesday 10 October, 2017  
Session 5  
**Astra Zeneca Symposium**  
**02:45– 03:30**

**Chairpersons: (Alphabetically)**

Prof Adel Abdel Aziz  
Prof Ahmed Abdel Salam  
Prof Ebtessam Zakaria  
Prof Farid Fawzy  
Prof Hala Kahla  
Prof Moghazy Mahgoub

**Speakers:**

Forxiga, the Art of Glucose Removal <b>Prof Omar El Saadany</b>	<b>20 Min</b>
The Evolution of CV Outcomes of Dapaglifluzin <b>Prof Inass Shaltout</b>	<b>20 Min</b>
<b>Discussion</b>	<b>5 Min</b>

Tuesday 10 October, 2017

Session 6

**Takeda Symposium**

03:30– 04:00

**Chairpersons: (Alphabetically)**

Prof Ahmed Abdel Salam

Prof Amr Elmeligy

Prof Moghazy Mahgoub

Prof Raafat Rashwan

**Speakers:**

Why do we still need Pioglitazone?

**Prof M. Hesham El-Hefnawy**

**20 Min**

**Discussion**

**10Min**

**Wednesday October 11<sup>th</sup>, 2017**  
**MENA IDF Workshop**  
**Practical Diabetes Management**  
MENA IDF Accredited  
Hall B: Laylaty  
**08:30 – 11:15**

**8:30 - 8:45 : Opening**

- |                      |                        |
|----------------------|------------------------|
| ✓ Prof Nam Han Cho   | IDF President Elect    |
| ✓ Prof Nizar Albache | IDF MENA Chair         |
| ✓ Prof Luiz Gardete  | IDF School of Diabetes |

**08:45 – 11:15**

**Session 1**

**Chairpersons: (Alphabetically):**

Prof Abdullah Ben-Nakhi  
Prof Luiz Gardete  
Prof Monira Al Arouj  
Prof Nizar Albache

**Speakers:**

Prevalence and risk factors of DM	
<b>Prof Nam Han Cho</b>	<b>20 Min</b>
Diabetes in MENA Region	
<b>Prof Nizar Albache</b>	<b>20 Min</b>
IDF school of diabetes	
<b>Prof Luiz Gardete</b>	<b>20 Min</b>
Egyptian diabetes	
<b>Prof Inass Shaltout</b>	<b>20 Min</b>
Evaluation of diabetic patient	
<b>Prof Omar El Saadany</b>	<b>20 Min</b>
<u>Case presentation:</u> diabetes and the kidney	<b>30 Min</b>
<b>Prof May Hassaballa      Prof Tarek Fayad</b>	

**Discussion**



Wednesday 11 October, 2017

Session 7

**Diabetes & Pillars of Islam**

10:15– 11:00

**Chairpersons: (Alphabetically)**

Prof Amin Roshdy

Prof Amr Abdel Wahab

Prof Hamdoun El Hassni

Prof Mohamed Fahmy Abdel Aziz

Prof Monira Al Arouj

Prof Najib M. El-Guermai

**Speakers:**

DM and Hajj: A look from behind the scenes.

**Prof Sulaf Ibrahim Abdelaziz**

**20 Min**

Weight changes during Ramadan

**Prof Abdullah Ben-Nakhi**

**20 Min**

**Discussion**

**5Min**

Wednesday 11 October, 2017  
Session 8  
**International Topics & Research**  
11:00 – 12:10

**Chairpersons: (Alphabetically)**

Prof Ahmed Amin  
Prof Fatheya Alawadi  
Prof Hamdoun El Hassni  
Prof May Hassaballa  
Prof Mona Mansour  
Prof Najib M. El-Guermai  
Prof Tarek Fayad

**Speakers:**

Phenotyping & Genotyping of Young Indian Diabetics  
**Prof Dharmendra Panchal** **20 Min**

The importance of prevention of hypoglycemia in diabetes  
**Prof László Barkai** **20 Min**

Gestational Diabetes: An Unsuspected Epidemic  
**Prof Jamal Belkhadir** **20 Min**

**Discussion** **10 Min**

**12:10– 12:30**

**Coffee Break**

Wednesday 11 October, 2017

Session 9

**Sanofi Symposium**

12:30– 01:00

**Chairpersons: (Alphabetically)**

Prof Ahmed Shawky

Prof Ayman El Menufy

Prof Hanan Gawish

Prof Mohamed Fahmy Abdel Aziz

Prof Yehia Ghanem

**Speakers:**

Glimepiride as a cornerstone in management of T2DM patients

**Prof Omar El Saadany**

**20 Min**

**Discussion**

**10 Min**

Wednesday 11 October, 2017

Session 10

**MSD Symposium**

01:00– 01:45

**Chairpersons: (Alphabetically)**

Prof Nader Wadie

Prof Raafat Rashwan

Prof Sherif Hafez

**Speakers:**

The Frequently asked question: What's after Metformin in T2DM Management?

**Prof Inass Shaltout**

**20 Min**

Sitagliptin: Bridging the gap of T2DM management in special populations.

**Prof Omar El Saadany**

**20 Min**

**Discussion**

**5 Min**

Wednesday 11 October, 2017

Session 11

**Sanofi Symposium**

01:45– 02:30

**Chairpersons: (Alphabetically)**

Prof Khaled El Hadidy

Prof Mabahig Souka

Prof Mohamed Fahmy Abdel Aziz

Prof Sherif Hafez

Prof Yasser Al Akhwas

**Speakers:**

Proper Insulin Management”

**Prof Yehia Ghanem**

**20 Min**

The next generation basal insulin

**Prof Khaled El Hadidy**

**20 Min**

**Discussion**

**5 Min**

Wednesday 11 October, 2017

Session 12

**Beohringer Symposium**

02:30– 02:50

**Chairpersons: (Alphabetically)**

Prof Magdy Al Ebiary

Prof Mohamed Fahmy Abdel Aziz

Prof Thoraya Mohamed

Prof Yasser Al Akhwas

**Speakers:**

Linagliptin :simple approach for a better glyceimic control

**Prof Ayman El Sebaie**

**20 Min**

**MENA IDF Workshop**  
**Practical Diabetes Management**  
**MENA IDF Accredited**  
**Hall B: Laylaty**  
**Session 2**  
**02:50 - 4:25**

**Chairpersons: (Alphabetically):**

Prof Jamal Belkhadir  
Prof Nizar Albache  
Prof Omar El Saadany

**Speakers:**

Self monitoring <b>Prof Abir Zakaria</b>	<b>20 Min</b>
Eye and diabetes <b>Prof Sehnaz Karadeniz</b>	<b>20 Min</b>
Prevention and management of diabetic foot <b>Prof Hanan Gawish</b>	<b>20 Min</b>
Hypoglycemia <b>Prof Nader Wadie</b>	<b>20 Min</b>
<b>Panel Discussion</b>	<b>15 Min</b>

**Thursday October 12<sup>th</sup>, 2017**  
**MENA IDF Workshop**  
**Practical Diabetes Management**

MENA IDF Accredited

Hall B: Laylaty

**08:30 – 10:00**

**Session 3**

**Chairpersons: (Alphabetically):**

**Prof Jamal Belkhadir**

**Prof Nizar Albache**

**Prof Raafat Rashwan**

**Speakers:**

Management of acute complication

**Prof Abir Zakaria**

**20 Min**

Insulin therapy: when and how to start

**Prof Nizar Albache**

**20 Min**

Update in management of cardiovascular complications

**Prof Sulaf Ibrahim**

**20 Min**

**Panel Discussion**

**15 Min**

*Closing Remarks*

**15 Min**

**Prof Nizar Albache & Prof Jamal Belkhadir**



**Thursday October 12<sup>th</sup>, 2017**

Session 13

10:00– 11:15

**Chairpersons: (Alphabetically)**

Prof Ahmed Amin

Prof Ahmed Saad-Eldin

Prof Ahmed Taha

Prof Aly Abbasy

Prof Amany Al Baz

Prof Mona Nashaat

**Speakers:**

Diabetes as Comorbidity in COPD

**Prof Hussein Fathy**

**15 Min**

Excitotoxicity

**Prof Eman Kamel**

**15 Min**

Management of Painful peripheral Or: Prevention of Amputation

**Prof Mamdouh El Nahas**

**20 Min**

Metformin diamond jubilee

**Prof Alaa Wafa**

**20 Min**

**Discussion**

**5 Min**

Thursday 12 October, 2017

Session 14

**Insulin: The twenty century medical miracle century miracle**

11:15– 12:00

**Chairpersons: (Alphabetically)**

Prof Fahmy Amara

Prof Mabaheg Souka

Prof Mamdouh El Nahas

Prof Mohamed El Bahrawy

Prof Sanaa Gazarin

**Speakers:**

Why insulin is needed in patients with T2DM?

**Prof Aly El Abbasy**

**20 Min**

Optimising Insulin Therapy for Patients with Type 2 Diabetes; Avoid the 7 Pitfalls

**Prof Magdy Helmy**

**20 Min**

Discussion

**5 Min**

Thursday 12 October, 2017

Session 15

12:00– 12:40

أدعم مرضى السكر في مصر والعالم

I Support Diabetics in Egypt & the World  
Insights of Politicians, IDF and Media Celebrities

Moderator:

**Prof Inass Shaltout**

*AASD President*

Participants:

- **H.E. Prof Amr Helmy**  
*Ex-Ministry of Health, Egypt*
  - **Prof Nam Han Cho**  
*IDF President Elect*
  - **Prof Nizar Al Bache**  
*Chair, IDF MENA Region*
  - **Prof Sehnaz Karadenis**  
*Chair, IDF Europe*
  - **Prof Jamal Belkhadir**  
*President of the Moroccan League for the Fight against Diabetes*
  - **Prof Raafat Rashwan**  
*AASD Honorary President*
  - **Dr. Khalid Monrtaser**  
*Doctor, Writer & TV Interviewer*
  - **Mrs. Nawal Mostafa**  
*Writer & Journalist*
  - **Mrs. Azza Balbaa**  
*Celebrity & Singer*
- Discussion**

12:40 – 01:00

Coffee Break

Thursday 12 October, 2017  
Session 16  
**Cardiovascular Risk & Research**  
01:00– 01:40

**Chairpersons: (Alphabetically)**

Prof Atef El Bahary  
Prof Magdy Helmy  
Prof Naglaa Kabani

**Speakers:**

How glycaemia variability may affect diabetes complications:  
the DEVOTE 2 study?

**Prof Nizar Al Bache** **20 Min**

Changing concepts in management of dyslipidemia

**Prof Amin Fouad** **20 Min**

Thursday 12 October, 2017

Session17

**Novo Symposium**

01:40– 02:20

**Chairpersons: (Alphabetically)**

Prof Amin Roshdy  
Prof Fahmy Amara  
Prof Hany Hamad  
Prof Mahmoud Khaatab  
Prof Mazen Attia

**Speakers:**

Recent clinical updates with Insulin Degludec

**Prof**

**20 Min**

Session18

**Lilly Symposium**

02:20– 02:50

**Chairpersons: (Alphabetically)**

Prof Atef El Bahary  
Prof Ayman El Menufy  
Prof Magy Saied  
Prof Mamdouh El Nahas

**Speakers:**

Intensifying treatment for type 2 diabetes after oral therapy

Choosing Dulaglutide as an option

**Prof Inass Shaltout**

**20 Min**

Discussion

**10 Min**

Thursday 12 October, 2017

**Session 19**

**Challenging cases in Diabetes Mellitus**

**02:50-03:50**

**Chairpersons: (Alphabetically)**

Prof Alaa Wafa  
Prof Hazem Ashmawy  
Prof Hisham Habib  
Prof Mahmoud Khatab  
Prof Mohamed Aasy  
Prof Raafat Rashwan

**Speakers:**

**Case 1:** Management of diabetic patients with DKD

**Prof Eman El Shourbagy** 15 Min

**Case 2** Management of Diabetes and pregnancy

**Prof Ehab Salem** 15 Min

**Case 3** Insulin therapy in type 2 diabetes: Is it a beginning or an end?

**Prof Khaled Hadhood** 15 Min

**Case 4** Diabetes and Lipids

**Prof Mohammad Awad** 15 Min

Thursday 12 October, 2017

Session 20  
**Novartis Symposium**  
03:50– 04:20

**Chairpersons: (Alphabetically)**

Prof Eman Elshorbagy  
Prof Hazem Ashmawy  
Prof Mohamed Awad  
Prof Sahar Elheny

**Speakers:**

Diabetic patient care ... Guideline perspective 2017  
**Prof Ashraf Okba**

Session 21  
**Janssen Symposium**  
04:20– 04:45

**Chairpersons: (Alphabetically)**

Prof Nader Wadie  
Prof Raafat Rashwan  
Prof Sherif Hafez

**Speakers:**

“INVOKANA, The proven efficacy and Cardio Vascular safety in the management of T2D Patients”

**Prof Heba Sedrak**

**30 Min**

Session 22  
**Servier Symposium**  
04:45– 05:15

**Chairpersons: (Alphabetically)**

Prof Atef El Bahary  
Prof Sahar El Heny  
Prof Mabaheg Souka

**Closing Ceremony**  
*Tampola & Lunch*