



AASD 2020

**16TH INTERNATIONAL CONFERENCE OF
ARABIC ASSOCIATION FOR THE STUDY**

OF DIABETES AND METABOLISM

الجمعية العربية لدراسة أمراض السكر والتمثيل الغذائي

MEMBER OF INTERNATIONAL DIABETES FEDERATION, IDF

28 – 31 OCTOBER, 2020, EGYPT

VIRTUAL MEETING

Guest of Honor

Prof Andrew JM Boulton

IDF President

AASD & Conference Honorary President

Prof Raafat Rashwan

AASD & Conference President

Prof Inass Shaltout

AASD & Conference Vice-President

Prof Amr Abdel Wahab

Conference Vice-President

Prof Mohamed Hassanein



Conference is accredited with

20 hours By (CEMTA)

**AASD 2020 Guest of Honor
IDF President**



Prof Andrew JM Boulton

AASD & Conference Honorary President



Prof Raafat Rashwan

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Prof Inass Shaltout

AASD & Conference Vice-President



Prof Amr Abdel Wahab

Conference Vice-President



Prof Mohamed Hassanein

Conference & AASD Secretary



Prof Omar El-Saadany



Prof Abdel Khalek Hamed



Prof Hazem El Ashmawy

Scientific Committee Chairmen



Prof Amr Elmeligi



Prof Ashraf Attia



Prof Atef Elbahry



**Prof
Ghaffar**

Mohamed Naguib



Prof Shereen Abdel



Prof Yasser Abdel Hamid



Dr Nader Wadie

Scientific Committee Moderators



Dr Mazen Attia

AASD Treasure



Dr Hisham Habib



Dr. Sayed Gad

**16TH International Conference of
Arabic Association for the Study of Diabetes and Metabolism (AASD)
Member of International Diabetes Federation, IDF**

Dear professors and colleagues,

It gives us a great pleasure to welcome you in 16th annual virtual AASD conference.

On behalf of AASD board and members, we appreciate the strong participation and support of International Diabetes Federation, IDF. AASD as a member of IDF puts a great responsibility on all AASD members to do extra efforts for the cause of Diabetes. Let me express our gratitude to prof Andrew Boulton, president of the International Diabetes Federation and guest of honor of AASD conference 2020 for his extraordinary support of all AASD activities.

Due to Covid 19 pandemic, AASD has decided to host its 16th annual international conference as a virtual one, and we wish to see you all, dear faculty and attendees in AASD 2021 life events.

We appreciate the presence of our eminent guest speakers from United Kingdom, Norway, Italy, Ukraine, Russia, USA, Croatia, Macedonia, UAE, Morocco, Denmark, Portugal, Albania, Bosnia, Lebanon, Turkey, Syria, Jordan, Pakistan, Bahrain and India for their presence to share in this outstanding scientific event. Their participation added a great scientific value to the conference.

On behalf of my colleagues, board and members of AASD, let me express my gratitude to all Egyptian professors & speakers who agreed to join us and Co- chair the Advisory board and National Faculty in this virtual scientific event.

AASD as one of the leading Diabetes Associations has been recognized in December 2017 as an IDF center of education and our continuous scientific and patient activities aim to share in:

1. Public awareness and patient education with the aim of prevention and optimum management.
2. Medical conferences intending to share knowledge and stimulate research.
3. Post graduate continuous medical education (AASD-CME).
4. Newsletters for health care professionals that intend to increase knowledge about the standards of medical care in diabetes and associated co-morbidities and complications.
5. Building the capacity of thousands of doctors, nurses and educating Patients which enhanced their knowledge to cope with diabetes.

**Looking forward to seeing you in 2021 life conference, In Shaalah
AASD & Conference President
*Prof Inass Shaltout***

AASD Annual Conferences:

| | | |
|------------------|---|------------------------------|
| 1 st | AASD Annual Conference, Cairo | 20-21 December 2006. |
| 2 nd | AASD Annual Conference, Cairo | 28-30 November 2007. |
| 3 rd | AASD Annual Conference, Cairo, | 29-31 October 2008. |
| 4 th | AASD Annual Conference, Cairo | 18-20 November 2009. |
| 5 th | AASD Annual Conference, Cairo | 08-10 December 2010. |
| 6 th | AASD Annual Conference, Cairo / Red Sea | 16-18 June 2011. |
| 7 th | AASD Annual Conference, Cairo/ Porto Marina | 12-16 September 2012 |
| 8 th | AASD Annual Conference, Cairo/ Hurghada | 17-21 December 2013 |
| 9 th | AASD Annual Conference, Cairo/ Red Sea | 29 October – 2 November 2014 |
| 10 th | AASD Annual Conference, Cairo/Red Sea | 20-22 October 2015 |
| 11 th | AASD Annual Conference, Cairo | 11-13 October 2016 |
| 12 th | AASD Annual Conference, Cairo | 11-12 October 2017 |
| 14 th | AASD Annual Conference, Cairo | 23-26 October 2018 |
| 15 th | AASD Annual Conference, Cairo | 23-25 October 2019 |

AASD National Conferences: More than 30 conferences till now

AASD Postgraduate Course:

| | |
|---------------------------------|------------------------|
| AASD / EASD postgraduate course | 16 – 18 November, 2017 |
| AASD / EASD postgraduate course | 12 – 14 April, 2020 |

AASD Diabetes Co-morbidities and Fasting Conferences:

| | |
|---|---|
| 1 st Annual Conference, June 2012 | 2 nd Annual Conference, June 2013 |
| 3 rd Annual Conference, May 2014 | 4 th Annual Conference, May 2015 |
| 5 th Annual Conference, April 2016 | 6 th Annual Conference, April 2017 |

AASD has the following study groups:

- Nephrodiab Study Group
- Diabetes in the Young Study Group
- Diabetes, Obesity and Nutrition Study Group
- Rheumadiab Study Group
- Diabetes Psychological Disorders Study Group
- Diabetes and Liver Study Group

AASD Contact:

<http://facebook.com/aasd.official> / <http://facebook.com/groups/aasd.diabetes>

YouTube: AASD Diabetes, channel has been recently launched where AASD educational materials and conferences are published

<http://youtube.com/AASDDiabetes>

EASD e-Learning: <https://www.easd.org/education/easd-e-learning.html>

AASD Executive Committee

- Dr Mohamed Oraby
- Mr Gamal Badry
- Mrs Raneem Shurbaji
- Mr Ahmed Ibrahim

INTERNATIONAL FACULTY (ALPHABETICALLY)



Prof Andrew James Michael BOULTON (UK)

President, International Diabetes Federation
Professor of Medicine, University of Manchester
Consultant Physician, Manchester Royal Infirmary.
President, Worldwide Initiative for Diabetes Education
Voluntary Professor of Medicine, University of Miami,
Editor of Diabetic Medicine, Journal of the British Diabetic Association
Senior Medical Registrar, Royal Hallamshire and Northern General Hospitals
2008 – 2011 Vice-President, EASD.
2011 -2015 President, EASD and EFSD.
2015 – 2020 President, Worldwide Initiative for Diabetes Education
2017 to present Chairman, EURADIA
2019 – 2021 President, International Diabetes Federation



Prof Akhtar Hussain (Norway)

President elect of International Diabetes Federation
Professor at the NORD University (Chronic Diseases – Diabetes)
Guest Professor of Medicine at the Federal University of Ceara (FAMED-UFC), Fortaleza-Ceara, Brazil
Co-chair and Professor at the Centre for Global Health, Bangladesh Diabetes Association/Bangladesh University of Health Sciences.
Professor at the Faculty of Medicine, Institute of Health and Society, Department of International Health,
President of the Diabetes Asian Study Group
executive member of the Medical advisor board of the Norwegian Diabetes Association
Co-editor of the Journal of Diabetology



Prof Andrew J. Behnke, MD, Face (USA)

Assistant Professor of Internal Medicine

Liberty University College of Osteopathic Medicine Education

MD, Pennsylvania State University School of Medicine

BS, State University of New York at Buffalo Course Taught

Internal Medicine · Endocrinology - ENDO

Professional Memberships

Lynchburg Academy of Medicine · Medical Society of Virginia American Diabetes Association

Publications

Dietary Differences in Virginia Counties with Different Diabetes Rates” VCOM research meeting, 2019

Population differences in Diabetes in the Republic of Moldova” ADA Poster 2009

·Effect of BNP on the Treatment of Type 2 Diabetic Patients Receiving TZD treatment” AACE poster, Annual meeting 2007

·A Novel Education Approach in Type 1 Diabetic Patients Receiving Insulin Pump Therapy” AACE Poster 2007

·Population differences in Diabetes in the Republic of Moldova” ADA Poster 2009

·Effects of Breast Feeding on Glucose Levels and Hypoglycemia. Results of Continuous Monitoring” ADA Poster 2004

Do C- Peptide Levels Make a Difference in the Treatment of Type 2 Diabetes?” SAFF Poster and Oral Presentation 1992



Prof Brian M. Frier (UK)

(Hons), MD, FRCP(Edin), FRCP(Glas), is Honorary Professor of Diabetes at the University of Edinburgh, affiliated to the British Heart Foundation Centre for Cardiovascular Science. Formerly, he worked as a clinician in the National Health Service and was a Consultant Physician in general (internal) medicine and diabetes at the Royal Infirmary of Edinburgh (1987-2012) and at the Western Infirmary and Gartnavel General Hospital, Glasgow (1982-87). He graduated in medicine from the University of Edinburgh and was a Clinical Research Fellow at Cornell University Medical Center in New York, USA. Professor Frier’s principal research interest is the pathophysiology of hypoglycemia in humans with relevance to diabetes. He has published extensively and has co-edited two multi-author international textbooks on hypoglycemia and diabetes. His other research interests in diabetes include driving, and cognitive function. An invited speaker on hypoglycemia at many national and international meetings, he gave the Banting Memorial lecture at Diabetes UK in 2009 and the Camillo Golgi lecture at the 53rd annual EASD conference in 2017. In 2004 he received the Somogyi Award from the Hungarian Diabetes Association for his research on hypoglycemia. Prof Frier was Vice-President of the Royal College of Physicians of Edinburgh (2008-12), and Chair of the Medical Advisory Panel on Driving and Diabetes to the Secretary of State for Transport in the UK from 2001-2012.



Prof Dario Rahelic (Croatia)

Dario Rahelic is assistant professor and Head of Department of Endocrinology, Diabetes and Metabolic Disorders at Dubrava University Hospital, Zagreb, Croatia, and is President of the Croatian Society for Diabetes and Metabolic Disorders of the Croatian Medical Association. He also serves as Executive Committee member of the Diabetes and Nutrition Study Group of EASD, the Croatian Endocrine Society, the Croatian Society for Obesity and the Croatian Society for Endocrine Oncology.

His teaching engagements are at the Faculty of Medicine, the Faculty of Food Technology and Biotechnology and the Faculty of Pharmacy and Biochemistry. He was visiting scientist at St. Michael's Hospital in Toronto (Canada), Mayo Clinic in Rochester (USA) and Motol Clinic, Prague (Czech Republic).



Prof Evgenia Patrakeeva (Russia)

Dr.Evgenia Patrakeeva is a teaching assistant in Endocrinology and Consultant Endocrinologist at the First St. Petersburg Medical University names after I.P. Pavlov where she also received her medical degree in 2005, graduating Cum Laude and completing her residency in endocrinology and internal medicine. Her research interests include insulin therapy, patient education, psychological issues in diabetes care and the use of new technologies in diabetes. She also has an interest in the development of web-based resources and social media use as components of diabetes therapy and patients' psychological support .Dr.Patrakeeva is a member of the advisory board of the education site for Russian diabetologists, www.diaeuni.ru, co-founder of the educational web-resource www.rule15s.com and educational social networks for Russian speaking diabetes patients, @diabet.connect. She organises, on a regular basis, postgraduate courses for young diabetologists in St. Petersburg as well as an innovative course for CSII and ready-for-CSII young patients.



Prof Florian Toti (Albania)

Professional address: Service of Endocrinology & Metabolic diseases. University Hospital Centre “Mother Theresa”. 370, Rruga e Dibrës 1010-Tirana / ALBANIA E-mail: floritoti@yahoo.it

Actual position: Lecturer at the Faculty of Medicine, Tirana University of Medicine Chair of Diabetes Education Study Group – EASD Study Groups

President of the Albanian Diabetes Association

Florian Toti is Professor of Endocrinology. Graduated from the Faculty of Medicine Tirana / ALBANIA in 1992. Specialist in Internal Medicine and Endocrinology. Faculty of Medicine, Tirana University. Master degree: Patient’s therapeutic education - Faculty of Medicine, Geneva University.

Received the title of Doctor in Medical Sciences in 2005. Assoc. Prof in 2010 and Professor of Medicine, Tirana University of Medicine in 2015.

Participant in several national and international programs on Diabetes such as: ALBDIAB, National Diabetes screening campaign, Train the trainers in Europe for Diabetic foot, IMAGE Project etc. Invited lecturer at EASD postgraduate courses, and several international congresses. National representative of Albania in D-Foot, and Screening Diabetic Retinopathy. Initiator and moderator of different training programs for PWD, GP, nurses and pharmacists in Albania, and editor of Diabetes education platform. First author of writing group for National Guidelines on Type 2 Diabetes in Albania 2008 and 2012.

Serves as Editorial Board member and reviewer at a number of national and international journals.



Prof Frans Pouwer (Denmark)

Frans Pouwer is professor of Medical Psychology, he is affiliated to the South Danish University in Odense, Denmark. His work is primarily focused on clinically relevant topics, such as diabetes-specific emotional distress, stress in general, depression, diabetes self-care, fear of hypoglycemia, and appraisals of insulin therapy. Frans Pouwer is past chair of the Psychosocial Aspects of Diabetes (PSAD) study group of the EASD an also past chair of the European Depression in Diabetes (EDID) research consortium.



Prof George Thompson (UK)

Current roles:

Consultant Physician and Endocrinologist, NHS, UK
Senior Editor (Diabetes, Endocrinology and Metabolic Medicine section), and Deputy Editor of International Journal of Clinical practice

Previous roles include:

Visiting Professor, University of Lincoln (2006-2009)
Honorary Professor, Sheffield Hallam University (2008-2014)
Associate Medical Director and Director of Medical Education,
Sherwood Forest Hospitals NHS Foundation Trust.
Assistant Dean (International) and Regional Advisor (Trent),
Royal College of Physicians of Edinburgh,
Editorial Board Practical Diabetes International.
Clinical Director of Medicine (2001-2004),
Medical Director (2012-2018)



Prof Iryna Vlasenko (Ukraine)

PhD pharmacy, Associate professor

Vice-President International Diabetes Federation (2019-2021)

- Member of the European Medicine Agency (EMA) Working Party with Patients and Consumers.
- Health Technology Assessment EU Network.
- Member of the Ukrainian Ministry of Health's working group for the development and support of activities for the prevention of T2 diabetes (2018).
- Board Member IDF- Europe (2015-2019)
- Associate Professor at the National Medical Academy of Post-Graduate Education (Ukraine) (2006-2019).
- Associate Professor at the International European University (Ukraine) (from 2020)



Prof Luis Manuel Ramos Gardete, (Portugal)

Graduated in Medicine and Surgery at the Faculty of Medicine of Lisbon University in 1969.
Specialized in Endocrinology, Diabetes and Nutrition in Portuguese College of Physicians in 1982.
Senior Lecturer in Endocrinology of the Lisbon Civil Hospitals since 1991.
Specialist in Endocrinology at APDP – Portuguese Diabetes Association since 1979.
From 1980 onwards, involved in a Courses on Diabetes Prevention and Control of the Portuguese Diabetes Association, for doctors and nurses.
Vice-President of the Portuguese Society of Endocrinology, Diabetes and Metabolism from 1997 to 2000.
Clinical Director of the APDP – Portuguese Diabetes Association from 1996 to 2002.
President of the Portuguese Society of Diabetology from 2005 to 2007.
President of the APDP – Portuguese Diabetes Association from 2008 to 2017.
Coordinator of the 1st Portuguese Diabetes Prevalence Study – PREVADIAB (2009).
Chairman of the Local Organizing Committee of the EASD Annual meetings in 2011 and 2017, in Lisbon



Prof M. Zaman Shaikh (Pakistan)

M.B.B.S., F.C.P.S, M.R.C.P. (Uk), F.R.C.P., Msc (Diabetes & Endocrinology) Glasgow University.
Director, Sir Syed Institute Of Diabetes & Endocrinology (Sside),
Professor Of Medicine & Hod, Sir Syed College Of Medical Sciences,
Karachi



Prof Massimo Massi Benedetti, MD, (Italy)

Professor Massimo Massi-Benedetti, Former positions: Associate Professor of Endocrinology and Metabolic Diseases, Chair of the School of Podology, of the School of Nursing Sciences and member of the Academic Senate at the University of Perugia (Italy), Chair of the Coordination Office of the Umbria Regional Reference Centre for Diabetes; Co-director of the WHO Collaborating Centre for Improvement of Diabetes Care. Chair of the IDF European Region from 1997 to 2003 and IDF Vice-president from 2003 to 2009, Chairman of the IDF Science Task Force 2009-2012, Director of Research and Education at the Dasman Institute for Diabetes Research in Kuwait (2007-2009).

At present he is President and Scientific Director of the HUB for International health Research-HIRS (www.HIRS-research.eu), Senior IDF Programme Advisor and member of the IDF Presidential Advisory Board, Chairman of the Scientific Committee of the Association Italiana per la Difesa degli Interessi dei Diabetici (AIDID) (Italian Association for the protection of the interests of people with diabetes).

Professor Massi-Benedetti's areas of interest in the field of diabetes include: pathophysiology; evaluation of new drugs; advanced systems for insulin delivery; complications; pregnancy; metabolic monitoring; and epidemiology, diabetes registries. He was a member of the European Union research projects EURODIABETA; DIABCARD 1-4; DIABCARE 1-3; MFIT; DIABSTYLE 1-2; ADICOL, IMMIDIAB, PARENT, CHRODIS, BRIDGE Health and Project leader of the B.I.R.O. and EUBIROD EU Projects (www.eubirod.eu)

Professor Massi-Benedetti is a member of several national and international diabetes societies, has organized, chaired and delivered lectures at more than 300 national and international meetings. He is a founder and member of various EASD study groups. He is the author of more than 350 publications (full papers, abstracts and book chapters) and has sat on the editorial boards of numerous peer-reviewed journals.



Prof Mick Kumwend, (UK)

MSC FRCP (London) FRCP (Edinburgh)

He is Consultant Nephrologist and Clinical Director in Renal and Diabetes Centre Glan Clwyd Hospital - Rhyl Denbighshire United Kingdom Prof Mick's Research interests include diabetic kidney disease: progression of CKD, cognitive dysfunction, the role of the kidney in glucose metabolism and Management of end stage kidney disease in people with diabetes.



Prof Mohamed Hassanein (UK)

Qualifications: MB ChB 1985 (Merit) Faculty of Medicine, Alexandria, Egypt.

MRCP (UK) 1996 FRCP (London) 2006, FRCP (Edinburgh 2009)

CCST (UK) 2002 Endocrinology, Diabetes & General Medicine

MPhil Reading University, UK, 2005

Professional Membership:

Member of the AASD

Member of Emirates Medical Association EMA & EDS

Member of the British Medical Association -BMA

Member of the Medical Defense Union

Member of the British Endocrine Society- BES

Member of the British Thyroid Association

Member of Diabetes UK

Member of the International Diabetes Federation - IDF

Member of the of the EASD

Member of the Educational Group of the EASD - DESG

Clinical/Academic Posts:

Senior Consultant Endocrinologist, Dubai Hospital, DHA, UAE

H Senior Lecturer, and Associate Director for Postgraduate Diabetes Education, Cardiff University, UK

Lead Consultant in Endocrinology & Diabetes, Glan Clwyd



Prof Nebojša M. Lalić (Bosnia)

(1958), MD, PhD, FRCP, is currently Professor of Internal Medicine at the Faculty of Medicine, University of Belgrade as well as Director and Head of the Department for Metabolic Disorders, Intensive Treatment and Cell Therapy in Diabetes, Clinic for Endocrinology, Diabetes and Metabolic Diseases, Clinical Centre of Serbia in Belgrade.

Professor Lalic graduated in 1982 at Faculty of Medicine in Belgrade where he completed residency in Internal medicine in 1990, as well as his PhD thesis in 1993. In 1991, he was a visiting scientist at the Clinical Research Section and Immunology Section, Joslin Diabetes Center, Boston, USA. The principal interest of Professor Lalic scientific work in diabetology/endocrinology has been concentrated on the relationship between insulin secretion and insulin sensitivity impairments in Type 2 diabetes, their relevance for the pathogenesis of diabetes and its late complications and the possibilities of their therapeutic modulation (especially insulin pump treatment). In this context, he is also intensively involved in the metabolic studies of the possibilities of early detection and prevention of Type 2 diabetes, as well as of the late diabetic complications and comorbidities, especially coronary heart disease, ischemic stroke and neurodegenerative disorders. Professor Lalic has been involved in more than 200 papers in extenso in international journals, chapters, monographies and textbooks. He has been an investigator in several national and international projects, reviewer at many international meetings or journals.

Professor Lalic has been Chair of the national expert committee for diabetes from 2002. Moreover, he is member in several national and international medical associations and societies. Until now he chaired organizing committee of three EASD Postgraduate Courses in Belgrade. Also, he is at present member of the Board of the IDF Europe.

From 2012 he is the Dean of the Faculty of Medicine University of Belgrade. In addition, he has been elected for corresponding member in 2006 and for the full member of the Serbian Academy of Sciences and Arts in 2012.



Prof Rayaz A. Malik, (UK)

He graduated in Medicine from the University of Aberdeen in 1991, obtained his MRCP in 1996, PhD from the University of Manchester in 1997 and was elected to become a fellow of the Royal College of Physicians in 2007. He was appointed as Consultant Physician and Senior Lecturer in 2001 and as Professor of Medicine and Consultant Physician in 2008 in Central Manchester University Teaching Hospitals and the University of Manchester. He was appointed as Professor of Medicine at Weill Cornell Medicine in 2014 and is an honorary Professor of Medicine and Consultant Physician at Central Manchester University Teaching Hospitals and University of Manchester and visiting Professor of Medicine at Manchester Metropolitan University. He was appointed as the Organizational Official for Weill Cornell Medicine in Qatar in November 2016. Over the last 15 years he has pioneered the use of corneal confocal microscopy, a non-invasive ophthalmic instrument, to quantify diabetic and other peripheral neuropathies. More recently he has applied CCM to establish it as a surrogate for neuronal damage in patients with Stroke, Multiple Sclerosis, Parkinson's disease and Dementia. He was the President of Neurodiab (the diabetic neuropathy study group of the EASD) from 2009-2012. He is an associate editor for Diabetic Medicine (2006 to present); J of Diabetes and its Complications (2012-present), PLOS One (2016- present), BMC Neurology (2009-present) and Advances in Therapy (2009- present). He is on the Juvenile Diabetes Research Foundation Complications and Clinical Investigation Research Committee (2005-present).



Prof Sehnaz Karadeniz (IDF Europe/Turkey)

President-Elect of the International Diabetes Federation European Region (IDF Europe). She will take the office of President of IDF Europe in 2015.

An ophthalmologist, Sehnaz has been actively involved in the field of diabetes for the past 20 years in a series of medical, scientific and social projects at both national and international levels.

Sehnaz Karadeniz joined the board of IDF Europe in 2007, where she has worked on Political Affairs – mainly related to the World Health Organization European Region and the Council of Europe. Her portfolio also includes coalitions such as the ECDA – the European Chronic Disease Alliance.

She is also Board Member and Coordinator for International Relations for Diabetes 2020: Vision and Targets for Turkey, a nationwide project supported by IDF Europe and WHO European Region and she sits on the Board of the nationwide Let's Stop Diabetes! project carried out under the auspices of the Turkish Presidency.

Sehnaz graduated in ophthalmology from the University of Istanbul and is Professor of Ophthalmology at the Istanbul Bilim University.



Prof Tatjana Milenkovic (Macedonia)

Professor of internal medicine at the University “St Cyril and Methodius”, Medical Faculty in Skopje. She works at the Clinic of Endocrinology, Diabetes and Metabolic Diseases since 1985, where in 1995 she has established the Department of education of people with diabetes - and she has been Head of the department ever since. She is a member of the Executive Committee of Diabetes Education Study group (DESG). She is the President of Macedonian Diabetes Association, since 2013, the President of the Macedonian Scientific Association of endocrinologists and diabetologists since 2014 and member of IDF Europe board for biennium 2020/2021.



Prof V. Mohan (India)

DR. V. MOHAN, M.D., FRCP (London, Edinburgh, Glasgow & Ireland), Ph.D., D.Sc.,
D.Sc (Hon. Causa), FNASc, FASc, FNA, FACE, FACP, FTWAS, MACP, FRSE
Email : drmohans@diabetes.ind.in, website : www.mdrf.in & www.drmohans.com

Dr. V. Mohan is the Chairman and Chief of Diabetology at Dr. Mohan’s Diabetes Specialities Centre at Chennai in South India which is an IDF Centre of Excellence in Diabetes Care. Dr. Mohan oversees a chain of 48 diabetes centres across 8 states of India and has over 500,000 registered diabetes patients in his centres,. He is also President and Director of the Madras Diabetes Research Foundation which is Asia’s largest stand alone diabetes research centre.

Deeply interested in research from his undergraduate medical student days, Dr. Mohan has published over 1300 papers in peer reviewed journals. This includes 852 original articles, 292 review articles and invited editorials and 162 chapters to text-books on Diabetes. His research has attracted 129,000 citations a ‘h index’ of 131. Dr. Mohan has trained a large number of physicians & diabetologists in addition to Nurses, Educators and received over 180 awards including the prestigious Dr. B.C. Roy National Award by the Medical Council of India and the Dr. B. R. Ambedkar Centenary Award from the Indian Council of Medical Research, the highest award for Biomedical research in India. He was conferred the Dr. Harold Rifkin Distinguished International Service in the Cause of Diabetes Award by the American Diabetes Association and he is the first Indian to receive this award. Recently he has been conferred the Fellowship of the Royal Society of Edinburgh (FRSE).. Dr. Mohan is one of the few medical doctors in India to have been awarded the FRSE.

For his extensive contribution in the field of diabetes, in 2012 Dr. Mohan was awarded Padma Shri the fourth highest civilian awards given by the Govt. of India.



Prof Wasim Hanif (UK)

Professor of Diabetes & Endocrinology, Consultant Physician, & Head of Service in diabetes at University Hospital Birmingham. He is a Hon. Professor of Medicine at University of Warwick. He is the Board Member of Centre for Diabetes Endocrine & Metabolism, University of Birmingham & Clinical Advisory Group lead for research in Diabetes & Endocrinology at Institute of Translation Medicine, Birmingham.

He is a visiting Professor at Birmingham City University and Medical Director of Advanced Diabetes Course. He is an eminent authority on Diabetes, Obesity, and Ethnic health. He works with several national bodies, and professional groups in the UK. He has been involved with major research projects in diabetes and has published widely.

He was selected for Kings Fund Leadership Programmer in Diabetes. His research interest includes diabetic kidney disease, diabetes prevention, Diabetes and CV disease and management of diabetes in Ramadan, obesity, ethnicity and tackling health inequalities. He is well known authority on real world evidence working on big data with a dedicated bioinformatics team. He is involved as a chief and principal investigator in several international multi-center trials and was instrumental in setting up UKADS (United Kingdom Asian Diabetes Study).

Prof Hanif has been involved at a parliamentary level to advise the government on issues relating to Diabetes and ethnic health. He is the Chair of the Diabetes Working Group of the world-recognized South Asian Health Foundation (SAHF). Prof Hanif is a member of the Parliamentary and Stakeholder Diabetes Think Tank advising the All-Party Parliamentary Group on Diabetes.

He is a member European policy forum on diabetes advising the EU. His involvement in NICE has been extensive, sitting on the advisory NICE Health Technology Appraisal Committee between 2009 and 2015. He is on the Expert Advisory Committee of Commission of Human Medicine, advising MHRA on new Medicinal agents.

He is on the Board of Governors as a Trustee of Diabetes UK. He is involved in several international projects, that include, IDF WHO Global Policy Forum on Diabetes, Strategy for Commonwealth to guide ministers at UN summit, Chair International India advisory board for ORNATE project of MRC, UK Foreign & commonwealth office Scientific trade delegation and committee to India.



Prof Jamal Belkhadir (Morocco)

- Former Professor, Department of Internal Medicine at the University of Rabat.
- Former Head of the Ibn Sina University Hospital in Rabat.
- Specialist in Endocrinology and Metabolic Diseases, fields extend to Diabetes, Obesity, Metabolic Syndrome and the Ramadan fast.
- Chairman of the Working Groups on Moroccan Guidelines for type 1 Diabetes (2011), type 2 Diabetes (2013) and the insulin pump (2013).
- Honorary Member of Francophone Diabetes Association.
- Vice President of African Francophone Society of Diabetology.
- Member of Diabetes in Asia Study Group.
- President of the Moroccan League for the Fight against Diabetes.
- Chairman of IDF MENA Region.



Prof Mohamad El Sandid MD, (Lebanon)

- IDF MENA region president elect
- President of the Lebanese Diabetes Association (IDF Member – since 1999)
- Founder and Manager of the National Diabetes Program (MOH) (2006-2013)
- Decision maker of the Diabetes advisory Board in the National Diabetes Committee(MOH) ,
- Former member of the executive Board of Pan Arab group for the study of endocrinology and Diabetes,
- Ex Member of the executive Board of the Endocrine Society,
- Ex Member of the Executive Board of the Infertility Society,
- Assistant professor of internal Medicine, Lebanese University ,
- Member of the American Diabetes Association Middle east insulin and Neuropathy Working group.
- Member of the DASG (Diabetes in Asia Study Group).
- Member of the international humanitarian and disaster committee IDF- 2017
- MENA -IDF Representative in Steering Committee Members 2017
- Nomination for the post of MENA/IDF Regional Chair Elect 2020
- participated in many clinical studies and researches in the field of Diabetes and endocrinology,
- Main organizer of the "Diabetes WS Education" held under the patronage of the ministry of public health and world health organization, contributor in congresses and symposia, as well as continuous medical education programs.
- Chairman and speaker of national and international scientific conferences
- Publisher of more than 60 booklets and papers
- Lecturer: over 40 scientific lectures per year addressed to physicians targeting different OAD insulin and other diabetes molecules.
- 2019- 2020 ongoing project IN collaboration with WDF and IDF (diabetic screening for low income in Lebanon)
- Adviser and committee member on many doctorate thesis in the Lebanese, USJ medical universities

Current work:

- Endocrinologist and Internist of the ministry of defense-Saida
 - Beit Eddine-Iklim /Lebanon with the Lebanese army.
 - Endocrinologist of the General Security -Beirut – Lebanon
 - Endocrinologist of the security forces
 - Endocrinologist at Labib Medical Center –Saida -Lebanon
- Owner of a private clinic in Beirut Makassed Center and in Saida Nejmeh Square



Prof Abdel Razak Al Madani (UAE)

Dr. Abdulrazak Ali Al Madani is Consultant in Medicine and Endocrinology at Al Borj Medical Centre in Dubai. After graduating in Medicine from the Ain Shams University in Cairo, Dr. Madani pursued his Postgraduate training in Internal Medicine and Endocrinology from Munich, Germany and obtained his Fachartz in both specialties. The Royal College of Physicians endowed Dr. Madani Honorary Fellowships from their Colleges in Edinburg and Glasgow.

Dr. Madani joined Dubai Health Authority in 1980 and from the year 1993, has held the post of Consultant in Medicine and Endocrinology in Dubai Hospital. He was the Chief Executive Officer (CEO) of Dubai Hospital – a tertiary care facility under the Dubai Health Authority – from October 2009 to March 2014.

He has vast experience in the management of diabetes and endocrine disorders, especially thyroid gland, he has carried out more than 40,000 thyroid sonography and over 10,000 fine needle aspiration of thyroid nodules, and he has been trained in Radio Frequency ablation and laser ablation of benign thyroid nodules.

Dr. Madani was awarded the Sheikh Rashid Award for Scientific Achievement in 1988 and was honored with the Dubai Government Excellence Award (DGEP) in 2002 under the Category – Distinguished Employee. Dr. Madani is the President of the Emirates Diabetes Society and the President of the Gulf Group for Study of Diabetes. He is the Editorial Board Chairman of the “Diabetes Positive Living Magazine” a social initiative of the Emirates Diabetes Society.

He has acted as the chairman of the local organizing committee of IDF Congress in Dubai 2011 and is the chairman of the local organizing committee at the coming IDF Congress in Abu Dhabi 2017. His publications in Clinical Diabetes include “Recommendations for Management of Diabetes During Ramadan”, “Diabetes Care, Algorithm for Management of Type 2 in the Middle East”, “Diabetes Education in the Arab World, A Call for Action” , Driving and diabetes mellitus in the Gulf Cooperation Council countries: Call for action. and “UAE National Diabetes Guidelines 2008 and 2011”, and Diabetes and Ramadan: Practical Guidelines (IDF/DAR).



Prof Abdelmjid Chraibi (Morocco)

Interim Dean of the Medical School of Medicine & Pharmacy

Ibn Zohr University, Agadir-Morocco Endocrinologist, Diabetologist

Mohammed V Souissi University, Rabat, Morocco

Professor Abdelmjid Chraibi has been Head of Diabetes, Endocrinology and Nutrition at Avicenna Hospital, Rabat since 2006.

Professor Chraibi's main research interests include goiter,

insulin therapy, hypoglycemic agents and medullary thyroid cancer

and he has collaborated with international organizations including the World Health Organization. He has authored over 100 articles in Arabic and international scientific journals and has been involved with a number of national and international societies as President of the Moroccan Society of Diabetes, Endocrinology and Nutrition between 2006 and 2009; member of the Mediterranean Group Study of Diabetes; and member of the Arabic Association for the Study of Diabetes.

Professor Chraibi is also actively involved in charitable organizations dealing with health problems in remote rural areas in Morocco.



Prof Asaad Aldaftar (Bahrain)

Consultant Internist & Endocrinologist.

Fellow of Royal College of Physicians

Member of Society of Endocrinology United Kingdom

Fellow of Iraq Council of Medical Specialties.



Prof Hamdoun Lhassani (Morocco)

President of the Moroccan society of Endocrinology, Diabetology and Nutrition

Director of the Moroccan Journal of Endocrinologie, Diabetology and Nutrition (JMED)



Prof Michele Maalouli Abi Saad (Lebanon)

Fellowship in Health Services Administration, Henry Ford Health System, USA.
Masters in Public Health, Health Services Administration, American University of Beirut.
Residency in Health Services Administration, American University Medical Center.
B.S. in Medical Laboratory Technology, AUB.
Member of the Lebanese Health Management Association.
Administrative Director at the Chronic Care Center (1994-current).
Member of the Chronic Care Center Association (2013).



Prof Nadima Shegem (Jordan)

MB, JBIM, FACE, is a Consultant in Endocrinology and Diabetes.
President of the Jordanian Society of the Care of Diabetes.
Former Vice-President of the Jordanian Society of Endocrinology, Diabetes, and Metabolism.
Head of the Camp Hope for Children with Diabetes.
Published various scientific papers and experienced lecturer.



Prof Nawal El Ansari (Morocco)

Head of the Endocrinology and Diabetology department at the Mohamed VI University hospital.

President of the hospital committee for food and nutrition

'Specialty director 'Endocrinology and Metabolic diseases' at the faculty of Medicine. Cadi Ayyad University, Marrakesh.

- Coordinate of the teaching module "therapeutic education ' at the faculty of Medicine, Cadi Ayyad University, Marrakech.

National specialty diploma on Endocrinology Diabetology and Metabolic Diseases, Hassan II Unthirsty, Casablanca.

-University diploma on Pituitary diseases. Paris Sud XI University. France.

-Certificate of specialized attestation in Endocrinology delivered by René Descartes University, Paris. France.

-Training certificate on therapeutic education practice by SEFOR Society, Paris, France.

Training certificate on practice of motivation Interviewing in chronic by SEFOR Society. Paris. France.

-University diploma on pedagogy . Cadi Ayyad University (in progress).

President of the association of the endocrinologists of the South of Morocco

Member of the scientific committee of the Moroccan society of Endocrinology and Diabetology 'SMEDIAN '

-Member of the francophone society of Diabetology 'SFD '



Prof Nizar Albache, (Syria)

graduated from Franche-Comte University (France) in 1980 and post-graduated on Diabetes and Endocrinology from Franche-Comte University & Bourgogne University (France) in 1984.

From 1986-2012, he has been an Associate Pr. and consultant in internal medicine department at Aleppo University Hospital (Syria), and the Head of Diabetes Research Unit at Aleppo University.

He is currently a consultant at Endocrine & Diabetes department at Hotel-Dieu hospital du Creusot (France), the former chairman of the IDF-MENA region, the former chair of IDF diabetes in humanitarian settings committee, the former President of Syrian Endocrine Society, the former president Arab Group for Study of Diabetes, former vice president of Mediterranean Group for Study of Diabetes, the former Administrative-director of Syrian Center for Tobacco Studies and the past vice president of Syrian Diabetes Association.

He has many publications on Diabetes and disasters, epidemiology of Diabetes, diabetic foot, Obesity and Thyroid diseases.



Prof Rita Medlej (Lebanon)

Rita Medlej is Associate Professor at the Saint-Joseph University Medical School and full-time Endocrinologist and Diabetologist at the Hotel Dieu De France hospital in Beirut.

She has a diploma in statistics and molecular biology. She is currently the president of the scientific committee of the Lebanese society of Endocrinology, Diabetes and Lipids. She is member of the ADA and has many publications in diabetes and endocrinology.



Prof Zayed Atef (Yemen)

Professor of internal Medicine, Sana'a University

President of Yemeni Diabetes Association

Director of National Diabetes Center Sana'a

National Faculty (alphabetically)

**Abd Elkhalek Hamed
Abir Zakaria**

**Adel Abdelaziz
Ahmed Saad Eldin
Ahmed Abdelsalam
Ahmed shawky
Ali Abbasi
Aliaa Elagroudi
Amin Roshdy
Amira Ahmad
Amr El Meligi
Amr Abdel Wahab
Ashraf Attia
Ashraf Elsharkawy
Ashraf Reda
Assem Saif
Atef Basiouny
Atef El Bahry
Ayman El Menofy
Bassem Zarief
Ehab Nabil Hanna
EL Sayed Farag
Elham Islam
Elham Youssief
Eman El Tohamy
Eman Kamel
Eman Medhat
Fahmy Amara
Farid Fawzy
Gamal Badr
Gamal Esmat
Gamila Nasr
Ghada Anwar**

**Ghada El Sagheir
Ghada Rabie

Hala Kahla
Hanan Gawiesh
Hanna Taha
Hany Hamad
Hassan Hamdy
Hazem El Ashmawy
Hisham Elhifnawy
Hisham Elkhayat
Hisham Habib
Hisham Magd Eldin
Hosny El Fayomi
Hosny Salama
Hussein El Fishawy
Iman Elsherif
Iman El Shorbagy
Ihab Salem
Inass Shaltout
Khaled Elhadidy
Khaled Hadhoud
Lobna Eltouny
Mabaheg Souka
Magdy Abdelhameed
Magdy Eldahshan
Magdy Helmy
Khaled Shoukry

Maha Assem
Maha Youssef
Mamdouh Elnahas
Mazen Attia**

**Megahed Abo Elmagd
Moghazy Mahgoub
Mohamed Awad
Mohamed Fahmy Abdelaziz
Mohamed Elbahrawy
Mohamed Kamar
Mohamed Seleem
Mohamed Hassanein
Mohamed Naguib
Mohamed Nasrallah
Mona Attia
Mona Yosry
Nader Wadie
Nihal Hamdy
Noha Othman
Omar El Saadany
Raafat Rashwan
Rasha Sobh
Rawya Khater
Sahar Elheiny
Samir Helmy
Samir Naiem
Sayed Gad
Shaimaa Fathy
Shereen Abdelghaffar
Sherif Hafez
Shurook Mosa
Sanaa Gazarien
Suliman Nasr
Tarek Fayad
Ula El Garhi
Yahia Ghanem
Yasser Abdelhamid**

Wednesday, October 28, 2020

10:00 - 11:10 AM

Session (1)

**Diabetes and Endocrinology Unit, Cairo University
Management of Hyperglycemia T2 Diabetes**

Chairmen:

Prof Suliman Nasr

Prof Inass Shaltout

Prof Assem Seif Chairman of Internal Medicine Department, Cairo University

Prof Amr El Meligi Chairman of Endocrinology Unit, Cairo University

Prof Hesham Magd El Din

Prof Ula El Garhi

Speakers:

Prof Amr El Meligi (15 Min)

Patients with diabetes and ASCVD

Prof Shaimaa Fathi (10 Min)

Obese diabetics

Prof Shurook Mosa (10 Min)

Diabetics with high risk of hyperglycemia

Prof Ula El Garhi (10 Min)

Diabetes in low income countries

Prof Ghada Rabie (10 Min)

Insulin initiation and intensification in T2 Diabetes

Discussion 15 min

Wednesday, October 28, 2020

11:15 - 11:50 AM

**Session (2)
Debate Session
Hot Topics in Nephroprotection**

Chairmen: Alphabetically

Prof Ahmed Saad Eldin

Prof Amin Roshdy

Prof Ashraf Attia

Prof Ihab Salem

Prof Mohamed Kamar

Moderator

Prof Tarek Fayad

Speakers:

Prof Mohamed Nasrallah

(10Min)

SGLT2-I in diabetic kidney disease

Prof Yasser Abdel Hamid

(10Min)

Nephrologists and SLGT2i: Take Care

Discussion 15 min

**Wednesday, October 28, 2020
11:55 AM - 12:30 PM**

**Session (3)
Debate Session
Hot topics in Nephroprotection**

Chairmen: Alphabetically

Prof Eman Elshorbagy

Prof Farid Fawzy

Prof Khaled Hadhoud

Prof Mohamed Nasrallah

Prof Tarek Fayad

Prof Yasser Abdel Hamid

Moderator

Prof Amin Roshdy

Speakers:

Prof Hussein Elfishawy

(10 Min)

RASS blockade for nephroprotection

Prof Hany Hamad

(10 Min)

Reno protective role of RAAS blockers is still questionable

Discussion 15 min

Wednesday, October 28, 2020
12 35 - 14:10 PM

Session (4)
Diabetes & Comorbidities

Chairmen: Alphabetically

Prof Atef ELbahry

Prof Evgenya Patrakerva

Prof Jamal Belkhadir (Morocco)

Prof Mohamed Sandid (Lebanon)

Prof Yasser Abdel Hamid

Speakers:

Prof Mohamed Hassanein (UK) (20 Min)

Hypertension and Diabetes

Prof Florian Toti (Albania) (20 Min)

Diabetes nephropathy

Prof Frans Pouwer (Denmark) (20 Min)

Diabetes and the mind , psychological aspects

Prof Nizar Albache (20Min)

ED, a forgotten complication of diabetes

Discussion 15 min

❖ **YOUSSEF STORY VIDEO**

14:10 – 14:20

14:20 – 14:40
Break
Pharma Exhibition

Wednesday, October 28, 2020
14:40 - 15:30 PM

Session (5)
Diabetes in special Groups

Chairmen: Alphabetically

Prof Asaad Aldaftar (Bahrin)
Prof Elham Islam
Prof Hanan Gawish
Prof Raafat Rashwan

Speakers:

Prof Evgenia Patrakeeva (Russia) (20 Min)
Pregnancy and diabetes.

Prof Inass Shaltout (20Min)
Diabetes in the elderly

Discussion 10 Min

Wednesday, October 28, 2020

15:35 -16:25

Session (6)
Controversies in diabetes management

Chairmen: Alphabetically

Prof Asaad Aldaftar (Bahrin)
Prof Hamdoun Lhassani (Morocco)
Prof Hazem Elashmawy
Prof Mamdouh Elnahas

Speakers:

Prof Abdelmjid Chraibi (Morocco) (20 Min)
Is insulin still the best injectable therapy?

Prof Evgenia Patrakeeva (Russia) (20 Min)
Looking into future, technologies, insulin pumps for children, adolescents and adults

Discussion 10 min

Wednesday, October 28, 2020
16:30 - 16:55 PM

Session (7)
Hot Topics in Management Debate

Chairmen: Alphabetically

Prof Eman ELshorbagy
Prof Mohamed Awad
Prof Mohamed Fahmy Abdelaziz
Prof Moghazy Mahgoub

Moderator

Ghada El Sagheir

Speaker:

Prof Maha Assem (5 Min)
Dual therapy versus monotherapy in management of diabetes

Discussion (20 Min)

Wednesday, October 28, 2020

Session (8)

Chairmen: Alphabetically

Prof Ayman El Menofy
Prof Moghazi Mahgoub
Prof Mohamed Awad
Prof Sahar Elheiny

17:00 – 17:40

Servier Symposium

Speakers:

Prof.Aasem saif (17 min)
In Guidelines and Evidence Gliclazide MR stands out from the crowd.

Prof.Khaled El Hadidy (17 min)
Antihypertension from dual to triple combination

Discussion 4 min

17:40 – 18:00

Hikma Symposium

Speaker:

Prof Farid Fawzy

Thursday, October 29, 2020
10:10 - 10:15 AM

Welcome Speeches:

Prof Rifaat Rashwan
Prof Inass Shaltout
Prof Amr Abdel Wahab
Prof Abdel kahlek Hamed
Prof Omar EL-Saadany
Dr Sayed Gad

10:15 – 10:40 AM

Session (9)
Plenary Lecture I

Chairmen: Alphabetically

Prof Abdel khalek Hamed
Prof Hisham El khaiat
Prof Mohamed Naguib

Speaker:

Prof Gamal Esmat
DAA for Covid management

(20 Min)

Discussion 5 min

Thursday, October 29, 2020
10:45 AM - 12:05 PM

Session (10)
Diabetes and Cardiovascular Disease

Chairmen: (Alphabetically)

Prof Bassem Zarif
Prof Gamila Nasr
Prof Magdy Abdelhamid
Prof Samir Helmy
Prof Sherif Hafez

Speakers:

| | |
|---|-----------------|
| Prof Atef Elbahry Introduction | (10 Min) |
| Prof Ahmed Shawky Heart failure and diabetes, what's up? | (15 Min) |
| Prof Mohamed Seleem Acute coronary syndrome and diabetes | (15 Min) |
| Prof ELSayed Farag Chronic coronary syndrome in the diabetics | (15Min) |
| Prof Ashraf Reda Dyslipidemia in the diabetics | (15 Min) |
| Discussion | (10 Min) |

Thursday, October 29, 2020
12:10 - 13:15 PM

Conference Official Opening
Opening Session

Opening Speeches

(6 Min)

Prof Andrew JM Boulton IDF President
Prof Akhtar Hussain IDF President Elect

Chairmen: (Alphabetically)

Prof Amr Abdel Wahab
Prof Andrew JM Boulton (UK)
Prof Akhtar Hussain (Norway)
Prof Inass Shaltout
Prof Jamal Belkhadir (Morocco)
Prof Mohammed Sandid (Lebanon)
Prof Mohammed Hassanein

Speakers:

Prof Andrew JM Boulton (UK) (22Min)
Covid-19 and diabetes

Prof Akhtar Hussain (Norway) (22 Min)
Global epidemiology of diabetes and the role of the IDF

Discussion 15 min

Thursday, October 29, 2020
13:20 - 13:50 PM

Session (12)
State of Art Lecture

Chairmen: (Alphabetically)

Prof Hamdoun Lhassani (Morocco)
Prof Inass Shaltout
Prof Sehnaz karadeniz (Turkey)
Prof Tatjana Milenkovic (Macedonia)

Speaker:

Prof Rayaz Malik (UK) (25 Min)
Diabetic Neuropathy: An update on diagnosis and management

Discussion 5 min

Thursday, October 29, 2020
13:55 - 14:45

Session (13)
Plenary Session II
Diabetes Complication

Chairmen: Alphabetically

Prof Abdel Razak Al Madani (UAE)
Prof Hasan Hamdy
Prof Hosny Salama
Prof Magdy Eldahshan
Prof Samir Helmy

Speakers:

Prof Luis Gardete (Portugal) (20 Min)
Diabetes and NAFLD
Prof Sehnaz Karadeniz (Turkey) (20 Min)
Biomarkers in diabetic retinopathy

Discussion 10 Min

14:45 – 15:05
Break
Pharma Exhibition

Thursday, October 29, 2020
15:05 - 15:55

Session (14)
Challenges of Diabetes in MENA region

Chairmen: (Alphabetically)

Prof Abdel Razak Al Madani (UAE)
Prof Adel Abdel Aziz
Prof Inass Shaltout
Prof Jamal Belkhadir (Morocco)
Prof Mohammed Sandid (Lebanon)
Prof Nizar Albache (Syria)

Speakers:

Prof Adel Abdel Aziz (10 Min)
Middle east magnitude of the problem

Prof Nadima Shegem (Jardon) (5 min)
Chalanges in Jardon

Prof Rita Medlej (Lebanon) (5 min)
Chalanges in Lebanon

Prof Zaman Sheihk (Pakistan) (5 Min)
Chalanges in Pakistan

Prof Zayed Atef (Yemen) (5 Min)
Chalanges in Yemen

Prof Nawal El Ansari (Morocco) (5min)
Chalanges in Morocco

Discussion (15 min)

Thursday, October 29, 2020
15 : 55 – 16 : 55

Session (15)
NOVO Symposium

Chairmen: (Alphabetically)

Prof Abdel Khalek Hamed
Prof Hala Kahla
Prof Hisham Elhifnawy
Dr Mazen Attia
Prof Lobna Eltony

Speakers:

Prof Inass Shaltout (18 Min)

Liraglutide 3.0 mg: Filling the gap in obesity management

Prof Omar EL Saadany (18 Min)

GLP-1RA: Gate to the future

Prof Yahia Ghanem (18 Min)

The new generation of insulin

Discussion (5 Min)

Thursday, October 29, 2020

Session (16)
Novartis Symposium

17:00 – 17:40

Chairmen: (Alphabetically)

Prof Khaled ELhadidy
Prof Khaled Hadhoud
Prof Mohamed Kamar
Prof Mohamed Nasralla

Speakers:

Prof Hussein Fishaway (18min)

Who Benefits most from an early combination treatment approach for type 2 diabetes ?

Prof Yehia Ghanem (18min)

Hypercholesterolemia in ASCVD/FH...Time is Muscle

Discussion (4 Min)

Thursday, October 29, 2020
17:40 – 18:05

Session (17)
Lilly Symposium

Chairmen: (Alphabetically)

Prof Ayman El Menofy

Prof Nader Wadia

Speaker:

Prof Magdy Helmy

Trulicity in the context of Real World Evidence

Friday, October 30, 2020
14:00 - 15:15 PM

Session (18)
Debates in Diabetes and Comorbidities

Chairmen(Alphabetically):

Prof Fahmy Amara
Prof Mabaheg Soka
Prof Mohamed kamar
Prof Raafat Rashwan
Prof Rawya Khater
Prof Sherif Hafez

Debate I

Moderator:

Prof Amin Roshdy

Speaker:

Prof Hisham Magd Eldin (5 Min)

GLP1, SGLT2i when to give

Discussion (20 Min)

Debate II

Moderator:

Prof Amr Abdel Wahab

Speaker:

Prof Eman El Tohamy (5 Min)

Long term diabetes

Discussion (20 Min)

Debate III

Moderator:

Prof Omar El Sadaany

Speaker:

Prof Amira Ahmed (5 Min)

Diabetes prevention

Discussion (20 Min)

**Friday, October 30, 2020
15:20 - 16:50**

**Session (19)
Diabetes Challenges
Plenary Session III**

Chairmen(Alphabetically):

Prof Assem Seif
Prof Inass Shaltout
Prof Mazen Attia
Prof Mohamed Hassanein
Prof Sehnaz Karadeniz (Turkey)

Speakers:

Prof Andrew J. Behnke (USA) (25 Min)
C-Peptide value in clinical practice

Prof Brian M. Frier (UK) (25 Min)
The new technologies being used to identify hypoglycemia

Prof George Thompson (UK) (25 Min)
The RAAS in DM, future strategies for treatment & prevention of diabetes and its complications in the age of Covid-19

Discussion (15 Min)

**Friday, October 30, 2020
16:55 - 17:45**

**Session (20)
Challenges of type 2 Diabetes**

Chairmen(Alphabetically):

Prof Ali Abbasi
Prof Eman Kamel
Prof Mamdouh Elnahas
Prof Megahed Abo Elmagd
Prof Mohamed Elbahrawy
Prof Omar El Saadany

Speakers:

Prof Mick Kumwenda (UK) (20 Min)
Autoimmune diabetes of the adult and type 2 diabetes

Prof Tatjana Milenkovic (Macedonia) (20 Min)
Obesity and diabetes

Discussion (10 Min)

Friday, October 30, 2020

17:50 - 19:20

**Session (21)
Sanofi Symposium**

Chairmen: (Alphabetically)

Prof Ali Abbasi

Prof Fahmy Amara

Prof Rawya Khater

Speakers:

Prof Magdy Helmy (25Min)

OADs, The Best of Both Worlds

Prof Inass Shaltout (25Min)

Introducing Soliqua IGLarLixi

Prof Assem Saief (25Min)

B-Right from the Start.

Discussion 15 Min

Friday, October 30, 2020

19:25 - 20:25

**Session (22)
MSD Symposium**

Chairman:

Prof Amr Abdel Wahab

Moderator:

Prof Inass Shaltout

Speakers:

Prof Omar El Saadany (18 Min)

Management of newly diagnosed T2DM patients:

The debatable question; what's after metformin?

Prof Nader Wadie (18 Min)

Recent Updates in T2DM Management – The CompoSIT Program.

Prof Lobna Eltouny (18 Min)

10 Years with DPP-4 Inhibition – Role of Sitagliptin in different T2DM population

Discussion (6 Min)

Friday, October 30, 2020
20:30 - 21:00

Session (23)
Abbott Symposium

Optimal management of Diabetic Dyslipidemia Patients with:
Prof Gamila Nasr
Prof Khaled Shoukry

Friday, October 30, 2020
21:05 - 21:55

Session (24)
Diabetes Technology
Pharmaceutical Dilemma

Chairmen: (Alphabetically)

Prof Tatjana Milenkovic (Macedonia)
Prof Hazem Elashmawy
Prof Hisham Habib
Prof Hisham Elhifnawy
Dr Sayed Gad

Speakers:

Prof Iryna Vlasenko (Ukrania) (20 Min)
Patients safety in diabetes treatment

Prof Nebojša M. Lalić (Bosnia) (20 Min)
Diabetes technology

Discussion (10 Min)

Saturday, October 31, 2020
10:00 - 11:35

Session (25)

Chairmen: (Alphabetically)

Prof Aliaa Elagroudi

Prof Amr Abdel Wahab

Prof Atef Basiouny

Prof Farid Fawzy

Prof Samir Naiem

Prof Sehnaz Karadeniz (Turkey)

Speakers:

Prof Mick Kumwenda (UK) (20 Min)

Diabetic Dyslipidemia

Prof Dario Rahelić (Croatia) (20 Min)

Beta Cell Regeneration

Prof Wasim Hanif (UK) (20 min)

Diabetes and liver

Prof V Mohan (India) (20 min)

Precision Diabetes: is it a reality

Discussion 15 min

Saturday, October 31, 2020
11:40 - 13:00

Session (26)
Debate in Diabetes and Comorbidities

Chairmen: (Alphabetically)

Prof Abdel Khalek Hamed
Prof Ali Abbasi
Prof Eman Medhat
Prof Gamal Badr
Prof Magdy Eldahshan
Prof Raafat Rashwan

Debate I

Moderator:

Prof Mohamed Naguib

Speaker:

Prof Mona Yosry (5 Min)

Fatty liver in Diabetes Mellitus

Discussion 20 min

Debate II

Moderator:

Prof Farid Fawzy

Speaker:

Prof Rasha Sobh (5 Min)

Premixed insulin Which type, which regimen

Discussion 20 min

Debate III

Moderator:

Prof Sahar ElHeiny

Speaker:

Prof Maha Youssef (5 Min)

Young adults diabetes

Discussion 20 min

Saturday, October 31, 2020
13:05 – 13:20

Session (27)
Al-Esraa Pharmaceuticals Symposium

Chairman:
Prof Fahmy Amara

Speaker:
Prof Yehia Ghanem (13 Min)
VERIFY Study & Cardiovascular Safety

Discussion (2 Min)

Saturday, October 31, 2020
13:25 – 13:55

Session (28)

Chairmen: (Alphabetically)
Prof Abir Zakaria
Prof Amr El Meligi
Prof Hanna Taha
Prof Hosny El Fayomi
Prof Sahar Elheiny

13:25 – 13:40
Liptis Symposium

Speaker:
Prof Khalid Elhadidi
SGLT4 inhibitors beyond glycemic control

13:40 – 13:55
Ascencia Lecture

Saturday, October 31, 2020

14:00 – 14: 45

Session (29)

Chairmen: (Alphabetically)

Prof Ahmed Abdelsalam

Prof Hisham Habib

Prof Hosny El Fayomi

Prof Nihal Hamdy

Dr Sayed Gad

14:00 – 14:15

Apex Lecture

Speaker:

Prof Megahed Abu Elmagd (12 Min)

SGLT2 inhibitors, Diabetology, Cardiology, Nephrology dialogue

Discussion (2 Min)

14:5 – 14:30

HSO Lecture

Prof Samir Helmy Asaad (12 Min)

Discussion (2 Min)

14:30 – 14:40

Nerhado Lecture (10Min)

Saturday, October 31, 2020
14:50 - 15:40

Session (30)

Chairmen(Alphabetically):

Prof Ehab Nabil Hana

Prof Elham Islam

Prof Michele Maalouli Abi Saad (Lebanon)

Prof Mohamed Elbahrawy

Prof Mohamed Fahmy Abdelaziz

Speakers:

Prof Massimo Massi Benedetti (Italy) (20 Min)

The new burning frontiers of diabetes care and research

Prof Sehnaz Karadeniz (Turkey) (20 Min)

Socioeconomic barriers in saving sight in people with diabetes

Discussion 10 Min

Saturday, October 31, 2020
15:45 - 17:00

Session (31)

**Challenges in management of
Type 1 Diabetes in Adolescence**

Chairmen(Alphabetically):

Prof Ashraf Elsharkawy

Prof Ehab Salem

Prof Eman Elsherif

Prof Ghada Anwar

Prof Mona Attia

Prof Shereen Abdel Ghaffar

Speakers:

Prof Shereen Abdel Ghaffar (15 Min)

The interplay of puberty with type 1 diabetes

Prof Mona Attia (15 Min)

Exercise management in adolescents with diabetes

Prof Ghada Anwar (15 Min)

Diabetes Technology

Prof Ashraf Elsharkawy (15 Min)

Autoimmune disorders associated with T1DM

Discussion (10 Min)

Saturday, October 31, 2020
17:00 - 17:25

Session (32)

Chairmen: (Alphabetically)

Prof Ashraf Elsharkawy
Prof Eman Elsherif
Prof Ghada Anwar
Prof Mona Attia

Speaker:

Prof Shereen Abdel Ghaffar
Low carb diet in type 1 diabetes

(15 Min)

Discussion 10 min

Saturday, October 31, 2020
17:25 - 17:45

Session (33)
Young Diabetologist

Chairmen: (Alphabetically)

Prof Nihal Hamdy
Prof Noha Osman
Prof Yasser Abdel Hamid

Speakers:

Researches are under review of a special committee

17:50

Conference Closing
And Recommendations

Prof Raafat Rashwan
Prof Inass Shaltout
Prof Amr Abdel Wahab
Dr Sayd Gad



Conference is accredited with
(20 hours) By
Compulsory Egyptian Medical
Training Authority (CEMTA)